

God, Sex, and the Meaning of Life Ministry



Father Leo Austin Catholic High School - Whitby

Fall 2012

Student Comments after the program finished:

- You have taught a lot about God and Pope John II, I really enjoyed the lesson about dating and how to treat women. I can't thank you enough!
- Thank you for putting your time and effort into teaching my class and I. I especially enjoyed the Dating and Marriage Chapters. I learned a lot about how to act and treat others in the future
- I cannot even express how grateful I am for you coming into our class every week, taking your time and donating to us so you can teach us about TOB. You taught me so much but the bigger and most important lessons are the difference between loving and using, that dating is really looking for a spouse, and that it is important to find a boy who will love me no matter what, not try to change me, and to treat me how I should be treated. I never thought about having a boyfriend as finding a husband and I shouldn't be dating him if I can't see myself marrying him. Without your teachings I would not know whether a boy is using me or actually loves me, so I am more aware of the boys I spend time with now. Thank you so much for everything you have taught and given to me, thank you so much.
- Thank you for teaching my classmates and I about the topic of Theology of the Body. Without the help and guidance from you, I would not have understood God's call fully. Because of your wise teachings, I have perceived life in a new light, so I thank you. Amen.
- Thank you for taking time out of your lives to enrich our lives, and teach us valuable lessons. The chapters that really struck me were, Dating with Purpose and the Language of the Body. I feel these chapters have really taught me very important lessons on how to stay on God's path. The way you guys explained it was very helpful. The way you related it to our lives as teens really made it hit home. Thanks from
- We are very thankful that you have taken the time to come to our school and teaching us about the Theology of the Body. What moved me the most during the program were the lectures on marriage and how we were created to love each other. It is a life changing experience that I will remember for a long time. Thank you so much.
- I really enjoyed the past 12 Thursdays. I really liked the activities that we played, my favorites were the one where we learned about each other and the one where we are all talking and there was a message trying to get from God. The Love & Marriage lessons are two I will remember. Thank you
- Thank you for taking 12 weeks of your time to teach me "Theology of the Body". I learned so much because it was the first time I was learning it. So many of my questions have been answered that were burning holes in my mind. The lesson we did about dating was a very interesting one for me because all I really thought was right about dating I learned from

movies. You guys really opened my eyes to the truth and now I know how to properly go about dating. Again thanks for spending so much time with us!

- I would like to thank you for volunteering your time to come and speak with our class. Lately I feel that I have been putting more thought into the lessons you taught and they really opened my eyes. I am putting God first and I feel a new sense of inner peace.
- Thank you for taking your time to teach us all about God and what he wants for us. Before you came, I was unsure of the consequences of some things, such as premarital sex. I also thought many things could not be forgiven, but you taught me otherwise. As long as we put the effort in, we could be forgiven of anything from the past. Thank you for making a difference -
- First of all Merry Christmas and Happy New Year to you all. I would like to thank you from the bottom of my heart for taking the time out to teach me Theology of the Body. I learned a lot and I appreciate it. The most interesting topic was learning about Marriage. It gave me a new perspective on how marriage should be and what it is all about. It gave me hope that true faithful marriage is still out there. Thank you again
- I am very thankful for all the things you taught in the past 12 weeks. You taught us the true meaning of love and how we were made to love each other. It taught me to DREAM BIG to achieve my goal in life. thank you.
- I would like to thank you guys for your time that you have spent with us this year. Jan, Rose, Tom Susan for every day you guys have been here I have come to know my faith and journey. My most memorable part was when we did the activity about God speaking to the Catholic - it taught me that it's truly hard to hear him sometimes. Also I have learned about purity in life, love and faith. I thank you with all my heart.
- Thank you SO much for everything you've done for our class. You have taught us to show proper TRUE love to one another. My favorite unit was "seeking your vocation". It told me to DREAM BIG and because of that lesson, I think I will become a nun.
- Thank you for taking your time and coming into our class to teach us about Theology of the Body. Chapters 2 & 5 sent me the most powerful messages because I learned the difference of love and lust, the values of abstinence and chastity, and a thorough understanding of free will and comparing authentic freedom with the cultural view of freedom. I have learned a lot throughout these 12 weeks and I thank you greatly.
- Thank you so much for taking your own time to come teach us more about God, our vocation and our sexuality. We all really appreciate your effort and time, I had fun and looked forward to it. My favourite part was the activities and how each one had a lesson as well. I also like the movie clips you played at the end and how they had a lesson. Have a great Christmas. Thank you so much.
- Thank you for teaching us about Theology of the Body that told me on how to love another and how we shall respond to God's calling for us to do his will. I will be using the things that I was told throughout my entire life.

- Thank you for teaching us so many things. You have made it fun at the same time we learned. Thanks for giving up your Thursdays to teach us the right way of life.
- Thank you so much for teaching us, how important God is within all our relationships. I thank you for helping me change my view of God's effect on relationships. I am now able to realize what it means to love like God, and for that, I thank you very much. I wish you all a merry Christmas and a loving New Year.
- I am truly thankful for all the work you have contributed for the benefit of me and the class. It has changed me better as a person and influenced my potential future decisions.
- Thank you for teaching us about how our body is a temple and how we should take care of it and how religion and our bodies are one. Thank you for teaching us new things and showing us and new way to learn.
- Thank you very much for your time and effort. We, as a class would like to thank you. - Jacob
- Thank you for enlightening us as to all the different parts of the Theology of the Body and helping us through our personal and emotional struggles. Thank you for devoting your time!
- Thank you so much for taking the time out of your entire day to teach us Pope John Paul II's message to teens about Theology of the Body. I feel that it is crucial for this to be taught to all teens so that we can grow up to be self-respecting and to date people with purposes other than just sexual relations. Thank you
- Thank you for teaching me about TOB for the past 12 weeks. I am glad that I got to learn about it since I did not do it last year. I enjoyed all the activities you did with us.
- Thank you for giving up your free time to teach us about Theology of the Body. When you were teaching us, I learned to be able to tell the difference between love and lust and also that we should resist our sexual instincts until after marriage. Thank you so much and you've taught us so much!
- Thank you for preparing all the classes, and using up a lot of your time for us. I learned a lot about marriage and how to treat others respectfully and with a good will. Thanks very much.
- Thank you for teaching us so much about Theology of the Body, and giving up so much of your time to do it.
- I would just like to thank you all for everything. You have given up your Thursdays for us and for that I can be truly grateful. You have taught me a lot and I will surely remember it in all the years to come. Thanks!
- Thank you for opening up my heart and teaching me about my body and my relationship with God. You have taught me so much and I really appreciate you coming every Thursday and teaching me something new that I never knew. I will never forget this and always remember you. Thanks
- Thank you for taking your time and coming to our religion classroom to teach the class about Theology of the Body. We all appreciated it and had a lot of fun doing it.

- Thank you for taking the time to teach us about the Theology of the Body. It really touched me to see how much Theology of the Body can shape relationships for the better. Have a merry Christmas and a happy New Year! Thank you again.
- Thank you so much Theology of the Body Team!!!! You have taught me so much about respect for myself and others. I learned how to take time in a relationship instead of rushing it.
- Thank you for devoting your time once a week to teaching us the important lessons of Theology of the Body. I truly will use the things that I learned. I will try to use them every day. Thank you, Sincerely
- Thank you very much for the contributions you have made to me and the rest of my class. You have taken the time out of your day to teach us the value of your lives, sexuality and our purpose on this earth. From this experience of Theology of the Body I believe I have developed a better understanding of myself and my relationship with God. Thank you!
- Thank you, Tom, Jan and Rose so much for teaching us about Theology of the Body. You guys made it so much fun and had me looking forward to every Thursday. Chapter 5 and Chapter 11 (Truth and Freedom and Dating with Purpose and Purity) really help me to learn and grow in knowledge about Theology of the Body. You changed my life! I hope you all have a very merry Christmas!
- Thank you Tom, Rose and Jan for spending your free time here it inspires me how you three spend your free time here and you don't even get paid you are three amazing souls. My 2 favorite topics you three spoke about was Chapter 1: explains God's love for humanity and his desire to have an intimate, personal relationship with us. And Chapter 11: Dating with Purpose and Purity: We actually learned the real purpose of dating and what it is, these 2 chapters really opened my eyes. Thank you
- Thank you so much for being TOB teachers! You taught us so much and we are thankful you came and had fun learning and teaching with us. It has been fun. From your favourite TOB student.
- I thank you for everything you have taught me this semester even though I did this last year, I believe I got more out of it this year. I have learned that the way you dress or talk to the other gender may be more enticing than you thought. I've also learned that we must always love and not lust. Sex should be shared with 2 people that love and care for each other and could see themselves with them forever and always.
- Thank you for teaching and sharing the Theology of the Body. I think the teaching of Language of the Body and Dating with Purpose. I thank you for the time you took to teach us this. Thank you.
- Thank you for teaching me a lot of many different things during the 12 weeks you were all here. My favourite things that I learned during the program was Chapter 1 Created for Love, Chapter 8 Marriage and Chapter 11 - Dating with Purpose and Purity.

- Thank you for educating me about Theology of the Body. I missed a few days but the ones I was there for were very knowledgeable and taught me how I should and shouldn't act with my body. I think most people should be more like you and the people in the videos. Thank you
- Thank you for the Amazing things you have taught me. I have learned many things, Marriage and the F.T.F.F. Marriage taught me many things about how to be pure and truthful. The F.T.F.F. taught me to love the life of Christ and about the vows of marriage.
- Thank you teaching how important the body ties in with religion and faith. Learning about how important marriage is, the difference between love and lust and the usage of our bodies. Thank you.
- Thank you very much for all the time you've given up to come and teach us about the Theology of the Body. You have taught us about our lives, our sexuality, and our job with the opposite gender. Love over lust, being free, total, faithful, our purpose in love and what we're made to do. I will never forget this.
- Thank you for coming and teaching us the things you have. I'd learned that my body is special to God and it should be to me too. Thank you for teaching me about the value of sex in religion.
- Thank you for coming to our class and [teaching](#) us about life. I really learned a lot from the activities we did. I also learned a lot from the love and marriage chapter.
- Thank you for teaching us Theology of the Body. It cleared up a lot of question I had and definitely affected me positively! It gave me a lot to think about. I learned that sex is a gift of self that sex and marriage foreshadows heaven, and that if you can't say "no" what does your "yes" mean. Thank you again!
- I would like to thank you for all your dedication and time put towards us teaching us how we should love and respect our bodies, and how we should look at others. You have really opened up my life to live as God would have wanted on this earth.
- I have learned many different and new things about the Theology of the Body. I enjoyed gaining more knowledge about love and life. Thank you for this experience.
- I would like to thank you very much for teaching me about life and making the right choice. I have learned a lot about relationships, and how we should be treated. I have learned a lot from you guys and I just want to thank you again for taking your time to come teach us about life today. From you dear friend.
- Over the course of your presence in our class I've learned a lot. I've learned that sex should be saved until marriage and it is sacred. Learned that God's love is unconditional, and everything can be forgiven. Thank you so much for everything.
- I really enjoyed when you guys were here. I learned a lot from you guys. It's too bad we have to end now, I hope to see you guys soon again later in the future. The three things I liked the most was respect your body, relationships, making the right choice.

- Thank you so much for all the effort you guys put in for making this special! I've learned a lot over the past weeks that I should wait for someone special, stay pure and always believe that God can forgive me! Thanks again!
- I appreciate the time that you shared with us. I enjoyed hearing you speak about the various topics in the unit. Watching the videos showed me different perspectives on how we can view marriage and God's wishes for how we act within it. I wish you a merry Christmas.
- You taught me that it doesn't matter where you have been it matters where you go, that true freedom comes from truth and love, and that submission is trusting that your spouse will love you completely.
- Thank you all so much for coming to our classroom and teaching us about Theology of the Body. We learned so much about Theology of the Body and how God is in our life. You taught us God is always with us even through our toughest times and worst decisions. Also marriage is suppose to be a relationship with God and your spouse. Thank you for everything you have taught us.
- Before this I was thinking of having intercourse with my girlfriend, and it was like such a coincidence that you guys came in! I found out that chastity is one of the most important things in a relationship. And now I can completely look forward to marriage (which will be in a long time) And cherish it thanks to you guys! Thank you for your time it really paid off for me!
- Thank you for all you have taught us! I have certainly learned a lot from each lesson, and I am grateful for you time and effort in making us all aware of what our bodies are really for in the image of God. Have a Merry Christmas and a happy New Year!
- Thanks for teaching us about the Theology of the Body and telling us right from wrong to our relationships and future decisions.
- I thank each and every one of you with my whole heart for spending the last 12 weeks teaching us important lessons revealed to us with our bodies. One important message I learned from you guys is that the body reveals a language and speaks a language. If we are improperly speaking lustful messages to others, we can destroy important relationships. I also learned that love requires us to desire the good to another person. By loving unselfishly, relationships are better strengthened and established. Lastly, I learned that each of us are created for freedom, but true freedom involves living within the love of Christ. These important messages will help me as I continue my life with a new view of the body. Thank you!
- You guys have taught me so much about Theology of the Body. I've learned new things that I was never taught before. I thank you so much as some of these lessons have actually made me think of life in a different perspective. Thank you again.
- Thank you for on your own time enlightening us with your wonderful lessons about God's Plan for us and Theology of the Body for Teens, especially about pre-marital sex, Lying with your body , being free, total, fruitful, and faithful, and being pure. These things have taught me many things other than these to help me on my journey to find my spouse and be closer to God.

- Thank you so much for teaching all about Theology of the Body. I learned so much from you guys and I hope you spread the word of John Paul II as you have done to me. The parts that really interested me was Chapter 5 and Chapter 9. Chapter 5 really caught my eye because it shows how to be free and how we can use freedom with God. Chapter 9 was just talking about fatherhood and motherhood, I like that. Thank you again.
- Thank so much for taking your time off for 12 weeks to teach us Theology of the Body!! I have learned so much from this and I will put it to action in my life! One important/main thing that I have learned is how to date with purpose. I learned that I should ask myself certain things when dating someone and to make sure I truly like them and are not dating them just because. Lastly, I hope you have a wonderful Christmas and a happy New Year!
- Thank you for taking the time out of your lives to come and teach all of us about something so amazing that is so important in our and your lives. Having you all come in really opened my eyes and helped to see how this affects our lives in the long run. It is really nice to know that Theology of the Body helps build strong relationships in our lives and helps so much for a healthy marriage. You are all such amazing and inspiring people and I hope you will continue to inspire others as you have inspired me. Have a Merry Christmas and a Happy New Year.