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God, Sex and the Meaning of Life

JULY 2012

VOLUME 26

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Note: Email gsmlministry@gmail.com to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from (9:30 - 11:30) at St. Bernadette's Parish Hall, 21 Bayly St.



**Starting Again
Why don't you join
us.**

*Grow in your Catholic
Spirituality while you
lose weight.*



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gsmlministry@gmail.com

GSML Workshops:

Book your workshop now for the fall or next year:

- Theology of the Body for Teens
- Confirmation and Theology of the Body
- Theology of the Body for Gr. 7 & 8
- Theology of the Body for Parents
- Theology of the Body for Adults

We also offer training on facilitating the Theology of the Body and other workshops.

About our Workshops

- Workshops are led by trained facilitators
- Facilitator-led small discussion groups
- Use of DVD and other resources
- Multi-Session workshops can be full day, half days, or weekly for several weeks
- Can serve as Lenten Retreat
- Offered Free of charge
- Books and resources are offered for purchase by participants
- Invite facilitator trainees to participate

Note: We can adjust and adapt various workshops to suit a group or parish needs or interests. 98% of participation feedback is very positive, with many people commenting on the small group discussions, finding them to be a very important part of the workshop.

If your parish or group would like to book a Theology of the Body Workshop contact gsmlministry@gmail.com or [click here](#) to find out more about GSML Workshops



GSML News

Light Weigh

The Light Weigh is a 12 week Bible Study and instructional DVD Series, where you will learn a new approach to eating that leads to peace with God, peace with yourself and peace with food. Light Weigh members learn to eat real food in moderation.

Light Weigh is designed for small groups and is a **Weight Loss program written from the Catholic perspective.**

Light Weigh is Catholic and draws upon the Faith Jesus Christ founded personally and designed.

By following Light Weigh, you will learn to attain peace with food by imitating the

example of Jesus and the spirituality of two of His devoted followers; St. Ignatius of Loyola and St. Therese, The Little Flower.

Light Weigh will be starting on September 11, 2012 at 9:30 a.m. at 21 Bayly St. E, Ajax St. Bernadette's Parish hall. If you are interested in joining us, please contact gsmlministry@gmail.com

Theology of the Body Study Group

Every Monday morning at St. Bernadette's Parish Hall, 21 Bayly St. E, Ajax from 9:30 am to 11:30 am. Stopped for the summer - will start again on Sept. 10.

We are studying *The Body Reveals God* by Katrina J. Zeno

Everyone welcome.



Something about us

Our team has been trained and has studied the Theology of the Body.

Susan and Tom attended the week long Head & Heart Immersion Course as well as Theology of the Body: Going Deeper (Level 2) offered by the Theology of the Body Institute in Philadelphia, USA. Susan earned an undergraduate credit from Creighton University by fulfilling the requirements for this course. Tom, now retired, has facilitated numerous workshops and training seminars during his employment.

Rose is the past Executive Director of the Natural Family Planning Association (NFPA) in Toronto. Rose is the Program Director of the NFPA and is the Trainer Liaison for WOOMB Canada. She has taught the Billings Ovulation Method for over 30 years. She has facilitated many Marriage Preparation courses on both the Billings Ovulation Method and Theology of the Body. She has taken several courses on the Theology of the Body. Rose and her husband Pat lead the Theology of the Body for Teens Program.

Jan is a retired teacher with the Toronto Catholic District School Board. She has a Masters of Theological Studies from St. Augustine's Extension Division and has held many seminars and training sessions in her position as Resource Teacher for the Board. She has taken several courses on the Theology of the Body.

Peter has taken several course on the Theology of the Body and has been with us since the beginning. He also writes *Peter's Points to Ponder*

We draw upon many other facilitators to help present ToB Workshops.

We have held over 40 Workshops in the Toronto area

Our goal is to disseminate Pope John Paul II's Theology of the Body as widely as possible and to encourage a more in-depth study of his teachings. In order to ensure that as many people as possible are exposed to the Theology of the Body, our ministry offers workshops and other resources on this topic.

What participants say about some of the Workshops: - a few of the many comments

- Discussions and video. These helped to clarify answers about sexuality, the church and God for not only myself but in terms of answering questions posed by my high school students. *(Holy Redeemer - Pickering)*
- Very informative & educational, fruitful, enlightening *(Couples for Christ)*
- The videos were excellent. The facilitators were very enthusiastic. Please spread this course. *(St. Lawrence - Scarborough)*
- Extremely insightful. Completely opened up a new avenue of Christian morality. *(St. Lawrence - Scarborough)*
- 4th session was the best because I am married so could relate very personally to the topic. However, all topics were relevant and interesting, especially priestly celibacy and its history as an analogy of Christ and the Church. *(St. Bernadette - Ajax)*
- The highlight of this course was Christopher West's presentation and the group discussion afterward which helped you to digest more deeply the highlights of each talk. Also the explanation of each question by the facilitator and the final wrap-up afterwards. *(St. Gregory - Oshawa)*
- Sharing of content, coupled with interaction. Super format of presentation of video, sharing & interaction, summarizing. *(St. Margret Mary - Hamilton)*
- Relaxed, informative – puts Theology of the Body in full perspective. Explanation of celibacy, lust, love, marriage – all put into perspective *(St. Margaret Mary - Hamilton)*

Theology of the Body: A study of God and the purpose of our existence, as discovered and revealed through our bodies.

Theology of The Body for Teens

This 12 session program was written by Jason & Crystalina Evert and Brian Butler. It has an Imprimatur from Justin Cardinal Rigali. One chapter builds on the other and provides a step by step discovery of the beauty and purpose of our sexuality and why it is such a major part of our ability to love.

Teens who have participated in this program want to know why they have not heard this before. Some have shared how it has changed their lives. It is imperative that we get this in the High Schools.

It is easy to use and if any teacher would like assistance in applying in their classroom we would be happy to oblige.

“The body, in fact,

and it alone is capable of making visible what is invisible: the spiritual and divine. It was created to transfer into the visible reality of the world the mystery [of God]...and thus be a sign of it"(TOB, Feb. 20, 1980)."

Nuptial Meaning of the Body: The marital meaning of the body. "...the body's capacity of expressing love, that love precisely in which the person becomes a gift and...fulfils the very meaning of his being and existence" (TOB, Jan. 16, 1980).

"Man is precisely a person because he is master of himself and has self-control. Indeed, insofar as he is master of himself he can give himself to the other. This dimension – the dimension of the liberty of the gift – becomes essential and decisive for that language of the body, in which man and woman reciprocally express themselves in the conjugal union" (TOB, Aug. 22, 1984).

Thus only the chaste man and the chaste woman are capable of true love. For chastity frees their association, including marital intercourse, from that

Chapter One - Created for Love

Objectives:

- To explain God's love for us and his desire to have an intimate, personal relationship with us
- To define "Theology of the Body" and show how our bodies teach us profound truths about ourselves and our purpose in life
- about ourselves and our purpose in life
- To explain that our bodies are very good and have been designed by God for communion with him and with each other
- with him and with each other
- To explore opportunities for a deeper relationship with God and others

Chapter Two - Love Defined: Giving versus Using

Objectives:

- To contrast real love ("self-donating") with lust ("self-seeking")
- To explain the difference between abstinence and chastity
- To recognize and explain why love is the only proper attitude (or response) toward another person
- To measure the quality of a relationship based on "giving" versus "using"

Chapter Three - Naked Without Shame

Objectives:

- To use the Creation accounts of Genesis to help people understand the modern world
- To recognize the meaning of our existence as revealed through the one-flesh union of our bodies in the marital relationship
- To explain the original experiences of man (nakedness, solitude, innocence, unity, happiness) and how original sin altered these realities
- To identify Satan as the enemy whose purpose is to twist and destroy God's good creation
- To show that God allows us to choose him in total freedom, and that we will experience great joy in our relationship with him
- To define and explain the meaning of the "nuptial (or spousal) meaning of the body"

Chapter Four - Hope and Redemption in Christ

Objectives:

- To explain our destiny (eschatological man) as the experience of full redemption and eternal union – perfect "marriage" – with God in heaven
- To demonstrate that Jesus offers us hope and healing from our pain and regret, past and present
- To freely encounter God's mercy and forgiveness for our hurts and sins through the Sacrament of Reconciliation (confession)
- To explain that God has revealed to us the meaning of our existence through the "nuptial (or spousal) meaning of the body"

Chapter Five - Truth and Freedom

Objectives:

- To define true freedom
- To compare and contrast authentic freedom with the cultural view of freedom

tendency to use a person which is objectively incompatible with 'loving kindness', and by so freeing it introduces into their life together and their sexual relationship a special disposition to 'loving kindness'" (Love and Responsibility, 171)

Moral discernment is judging an action as to whether it is right or wrong. Discerning God's Plan involves listening for the voice of God through prayer and the counsel of others to discover His desire for our lives

Contenance: Maintaining control of one's desires, appetites, and passions rather than being controlled by them. Furthermore, continence lived as a virtue involves directing one's passions toward the true, good, and beautiful

"Purity is the requirement of love. It is the dimension of its interior truth in man's heart" (TOB, Dec. 3, 1980)

- To explore why freedom must be connected to truth

Chapter Six - Language of the Body

Objectives:

- To demonstrate how the body can speak either truths or lies
- To judge the truthfulness or untruthfulness (lies) of sexual behavior(s)
- To analyze the "language of the body" as "the language of love" spoken within marriage
- To explain how pre-marital sex, adultery, pornography, and contraception all constitute lies of the body

Chapter Seven - Free, Total, Faithful, Fruitful

Objectives:

- To analyze these four marks of God's love in the life of Christ, in his love for the Church, in the wedding vows, and in the love of spouses in marriage
- To differentiate love that is self-giving from sex that is self-seeking
- To demonstrate that reception of God's love, like Mary, is the prerequisite for truly loving self and others
- To recognize that marriage is a pre-requisite for sex to be a sign of the four marks of God's love - yet not a guarantee - since even married couples can sin with such acts as masturbation, adultery, and contraception which cannot image God's love

Chapter Eight - Marriage

Objectives:

- To analyze the roles of husband and wife as distinct and complementary, forming a union that expresses the love of God "in the flesh"
- To recognize God as the one who established marriage and the source of its holiness
- To understand sacramental marriage as the earthly foreshadowing of the heavenly marriage of Christ and the Church
- To defend Christ as the center of Christian marriage, the building block upon which society and culture are built
- To recognize marriage as the primordial (original) sacrament in which grace comes through Christ

Chapter 9 - Celibacy and the Religious Life

Objectives:

- To understand that celibacy for the kingdom, like marriage, is a vocation - a personal call from God, not merely a "choice" by an individual
- To explain how celibacy for the kingdom fulfills the "nuptial (or spousal) meaning of the body" by embracing a life signifying the heavenly marriage between Christ and his Church
- To describe the essence of spiritual fatherhood and motherhood, and the reasons why only men can be ordained to the ministerial priesthood

Chapter Ten - Finding Your Vocation

Objectives:

- To show that God has a unique life plan for every person and that our purpose in life is to know, love, and serve God in a particular vocation: marriage or celibacy for the kingdom
- To show that living a sacramental life is the key to hearing, knowing, and

New Evangelization: A term referring to the special need to share the Gospel with new enthusiasm, new methods, and new expressions. The new evangelization is not a new Gospel, but it recognizes that as the world changes, the methods for sharing the Good News need to change if they are to be effective.

"Remember: Christ is calling you; the Church needs you; the Pope believes in you and he expects great things of you!" (John Paul II, Jan. 26, 1999, St. Louis)

following God's will

- To help recognize the gifts God has given us and be able to offer them back to Our Lord as we live out our vocation
- To demonstrate five principles for vocational discernment

Chapter Eleven - Dating with Purpose and Purity

Objectives:

- To define the purpose of dating, the difference between healthy and unhealthy dating, and the difference between dating and courting
- To explain the value of building dating relationships on authentic friendship and seeing others as brothers and sisters in Christ.
- To demonstrate that the gift of sex is valuable and worth protecting
- To describe practical ways of staying pure, without being prudish, while living a radical life for Christ and discerning a vocation to marriage or celibacy

Chapter Twelve - Living the Good (and Free!) Life

Objectives:

- To integrate the Theology of the Body into a life of authentic love, radical holiness, active life of service, and evangelization
- To explain the purpose of the body and sexuality as good gifts given by God
- To explore how the original experiences of Adam and Eve are foundational to the meaning of understanding our own life experiences

- From the online resources at: [Theology of the Body for Teens Downloadable Resources](#)

- For more information about the Theology of the Body for Teens [click here](#)

Theology of the Body
For Teens

To read more [click here](#)

"*Choosing to take Theology of the Body was truly a life altering decision*" - Michael Buysse

Winners of the 2012 TOB Scholarship Essay Contest - ToB Institute

• A New and Improved View Towards Women

By Michael Buysse (Age: 18) - Grand Prize Winner

Going to an all male school had an influence on my image of women. Places such as the locker room and the lunch table can be exceedingly coarse, and women were not respected as they should be. To read the full article [click here](#)

• Men as Brothers

By Anna Vandegrift (Age 17) - Grand Prize Winner

As a woman it is easy to complain about men "objectifying women." I find myself quick to judge them and prone to pity myself, complaining about the paucity of "good and holy men". Theology of the Body has shown me that a man's deepest desire is not to use, but to love, protect, and pursue. To read the full essay [click here](#)

- **Touched by Truth**

By Katie Browne (Age 17) Second Prize Winner

Harsh. Impatient. Lustful. These are things the world had taught me to associate with men. I was afraid to be touched by them. I was afraid to be taken advantage of. I was in defense mode at all times when around them, because I had been taught that they were only after one thing. To read the full essay [click here](#)

- **Theology of the Body for Teens:
How It Has Changed My Life For the Better**

By Logan Thompson (Age 18) - Second Place Winner

There is an issue in society, as well as in my own life, which threatens to bring the downfall of respect towards our fellow human beings, as well as encourage addiction and sin. To read the full essay [click here](#)

Dates: August 9-12, 2012



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Please join us in this "Year of Faith" to consider how Benedict XVI's call for the "New Evangelization" can be realized in our Catholic Schools.

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- Catechism of the Catholic Church
- Formation as Teachers
- Integration of Faith into the curriculum

Opportunities will be provided for:

- Fellowship & Sharing with other Catholic Teachers
- Time to enjoy the beauty of Ontario's 'Cottage Country'

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CATEGORY 2

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CATEGORY 3

\$500.00 FAMILY

CATEGORY 4

\$200.00 REGISTRATION

(No Accommodations)

REGISTRATION INCLUDES:

- 3 Nights Residence Accommodation (Single or Double Room for Couples)
- 6 Meals+ Opening Reception
- Institute Materials
- Extra Rooms \$30.00 for weekend

* Participants must bring their own bedding and towels.

This Institute is designed for both Elementary and Secondary Teachers.
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**Scott Hahn is coming
to Toronto**



For information on Scott Hahn [Click here](#)

FYI - Catholic Chapter House



Will be bringing Scott Hahn to Toronto on Oct. 20.

Featuring Guest Speaker **Dr. Scott Hahn!** Musical guest Kathleen Dunn and MC Damian Goddard!

The event's theme is "The New Evangelization: Equipping Yourself To Engage The Culture". **Dr. Scott Hahn** will be doing **3 talks**.

Location: Canada Christian College, 50 Gervais Drive, Toronto (Don Mills & Eglinton)

Date: Saturday October 20, 2012

Schedule: **Doors Open** 9:00am, **Event:** 9:30am – 4:30pm

Go to www.catholicchapterhouse.com/

Catholic Chapter House seeks to serve Catholics who wish to gain a deeper understanding of their faith, live their lives according to the teachings of the Catholic Church and share their faith with others by making Catholic publications, resources and faith sharing more accessible both online and offline.

Catholic Chapter House recently brought Michael Voris to Toronto. We are looking forward to their next endeavour.

"Concentrating his remarks on the need to promote and explain church teaching on sexuality,

Church must better explain teaching on sexuality, pope tells US bishops

By Cindy Wooden
[Catholic News Service](#)

the pope said the church's key concern is "the good of children, who have a fundamental right to grow up with a healthy understanding of sexuality and its proper place in human relationships."

VATICAN CITY (CNS) -- Permissive attitudes toward sex, cohabitation before marriage and acceptance of same-sex marriage can damage individuals and are harmful for society, Pope Benedict XVI told a group of U.S. bishops at the Vatican.



"It is in fact increasingly evident that a weakened appreciation of the indissolubility of the marriage covenant, and the widespread rejection of a responsible, mature sexual ethic grounded in the practice of chastity, have led to grave societal problems bearing an immense human and economic cost," the pope said March 9.

To read more [click here](#)



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Code: 9780983092308P

Price: \$121.00

GSML Ministry will have these books on sale at all their Workshops and Events.

Peter Colosi's talk on Theology of the body in Portugal

To view it click here:

<http://www.youtube.com/watch?v=6yvnM8UwBcM&feature=youtu.be>

While the introduction is in Portuguese, Peter's talk is in English.

Peter J. Colosi is Professor of Philosophy and Moral Theology. He currently teaches at St. Charles Borromeo Seminary in Wynnwood, Pennsylvania. Previously, he had been teaching at Franciscan University, the Austrian program in Gaming, Austria, from 1999 until 2007. He completed his doctorate in philosophy at the Academy of Philosophy in the Principality of Liechtenstein in 2002.

Inside the Philosophy, Peter Colosi specializes in Personalism and has dedicated his research to clarify the anthropological foundations of Moral Doctrine of the Church. Peter Colosi is one of the main facilitators and

organizers of the International Symposia of the Theology of the Body and, as such, is part of the Organizing Committee of the Fourth International Symposium on the Theology of the Body to be held from 13 to 16 June 2013, in Fatima, Portugal.

In this conference, Peter Colosi will make an introductory approach to the Theology of the Body of John Paul II and to the anthropological view associated with it. Using a perspective of dialogue and confrontation, he will incorporate some events and relevant issues of today.

<http://petercolosi.com/>

<http://www.scs.edu/faculty/colosi-peter.htm>

Many other talks are found at

<http://petercolosi.com/>

Other talks by Peter Colosi on The Theology of the Body

[Christian Personalism and Theology of the Body](#)

[Relation between Suffering and Love in Catholic Teaching](#)

[Theology of the Body and Dignitas Personae](#)

[Commentary on Theology of the Body and Dignitas Personae](#)



Theology of the Body Institute Summer Courses

Theology of the Body II: Into the Deep

Taught by Christopher West

August 19-24, 2012

Black Rock Retreat Center, Quarryville, PA

For more information on the courses [click here](#)

PLAY JEOPARDY

And learn the Theology of the Body

Theology of the Body Jeopardy

This game can be downloaded and played with one to twelve teams.

Categories include:

1. Naked Without Shame
2. Truth and Freedom
3. Free, Total, Faithful, Fruitful
4. Marriage
5. Celibacy & Religious Life

To play go to:

<http://jeopardylabs.com/play/theology-of-the-body15>

Q: Have the teachings of Pope John Paul II helped you? Why?

Morrison: *I think John Paul has performed a service to Christians and even some non-Christians by his careful explanations and annunciation of the theology of the body.*

I think there is such confusion today about the role our bodies play in our spiritual lives and the importance of our bodies as part of our creation. John Paul II has laid a foundation for a very important part of the Church's message for the next millennia.

Learning to Live Chastely With Same-Sex Attractions

David Morrison Tells How He Ordered His Passions With a Life in Christ

ARLINGTON, Virginia, JAN. 9, 2003 ([Zenit.org](http://www.zenit.org)).- Many people with same-sex attractions believe that they must be defined by their homosexual behavior.

But one man who grew up acting on his same-sex attractions has learned to embrace chastity as a Catholic convert. Journalist David Morrison, a former activist, is author of the book "Beyond Gay" ([Our Sunday Visitor](http://www.our-sunday-visitor.com)) and founder and moderator of Courage Online, an online support community.

...

To read the whole article [click here](#)

David Morrison is a Roman Catholic by choice and the Founder and Moderator of Courage Online, an internet support group for men and women living with same sex attraction who desire to do so chastely.

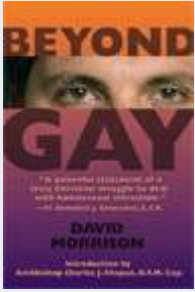
In addition to writing on issues of faith, identity, sexuality and culture, Morrison has also covered human rights and their abuse in Latin America and the use of women as experimental subjects without their informed consent in population control programs. He has also reported on the growing schism between authentic third world development and population control efforts, the widening gap between first and third world health care and the growing resistance to contraceptive imperialism around the world. Morrison is also a regularly published columnist for New Covenant magazine and a frequent contributor to Our Sunday Visitor. In addition to these journals, Morrison's work has appeared in The Tablet (UK), US Catholic and This Rock, as well as the New York Post, the Washington Times and the Baltimore Sun. He has spoken on issues of sexuality, identity, faith and culture in the U.S., Canada, the United Kingdom, Australia and New Zealand. Copies of his articles have been reprinted in over 17 languages worldwide.

Recommended Reading

Beyond Gay By David Morrison

(Huntington: Our Sunday Visitor Publishing Division, 1999)

"*Beyond Gay* brings together not only the autobiographical elements of David's life: his childhood, his faith life, his psycho-sexual development, his relationships with family members and friends, etc., but also the various controversial issues



About the Book

"A powerful statement of a man who has walked a difficult way following the Gospel. Many who have never considered the possibility of chastity as the appropriate and Gospel-oriented answer of their lives should read this book, regardless of their sexual orientation."
-Fr. Benedict J. Groeschel, C.F.R.

surrounding the topic of homosexuality: its causes, the question of therapy, the sure and certain teachings of the Church on chastity, societal acceptance of active homosexuality, promotion of the same through schools, the media, and even sometimes by those who claim to represent the Church. David uses these latter topics as starting points from which to explain the Church's sometimes difficult but always sound moral teachings." - from Review from the Interim by Christina Nair.

[Read more](#)

"The importance of this work, though, is larger than David Morrison's personal conversion. That's just Act One. What Morrison accomplishes in the final two-thirds of his book is something extraordinary. He takes the raw material of his experience, and building on it, he offers one of the best explanations and defenses of Catholic sexual ethics in years. He not only accepts what the Church teaches. He understands it with his heart . . . as perhaps only someone who's paid dearly to find the truth, can. Equally important, he has the gift of sharing it persuasively with the reader, not as a burden or a duty, but as a joy and a freedom....

Scripture tells us to speak the truth in love (Ephesians 4:15). David Morrison has done so. This is a book marked by balance, intelligence, and respect for everyone touched by the issue of homosexuality. In the process, he and Our Sunday Visitor have made an invaluable contribution to the discussion of one of the central moral controversies of our time." - from the Introduction by ✠CHARLES J. CHAPUT, O.F.M. CAP., ARCHBISHOP OF DENVER

Peter's Points to Ponder

"For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh"
- Genesis 2:24

After passing Bill 13, Ontario Premier Dalton McGuinty was confident that Catholic Schools and parents would soon come to accept the provisions of the anti-bullying legislation. This statement from the Premier clearly demonstrates that he does not understand Catholicism, or the Church's opposition to this bill!

The Church has always stood firmly against any form of abuse against others. The Church's opposition to Bill 13 is not based on the government's attempt to stop bullying (which is to be commended). The Church is opposed to the legislation because it is clearly contrary to the natural law. The Church recognizes that the natural law (the law coming from God) can not be changed by man, and as such the Church MUST stand firm against its opposition to Bill 13, and will never come to accept it's provisions despite the premier's misguided beliefs.

The Church cannot accept provisions of a bill that promotes a life-style that is clearly against the natural law (and as such is harmful to us). God's natural law is not intended to hurt us. It is there because God knows that is best for us. The union of the man and woman in marriage is meant to be an expression of God's free, total, faithful and fruitful love for us. Homosexuality by its very definition can not be an act of love, and like any form of lust can have devastating effects on individuals, and society as a whole.

Donate Catholic Books to Catholic School Libraries

Pure Faith: A Handbook of Prayer for Catholic Youth

by Jason Evert

This unique prayer guide is designed specifically for teenagers. It's packed with spiritual wisdom and advice from saints and holy men and women, as well as prayers for a variety of needs, circumstances, and individuals. With this guide in hand, your teen will know how to pray simply and effectively.

Theology Of His Body / Theology Of Her Body

by Jason Evert

Theology of Her Body and *Theology of His Body* will feed your teens with liberating answers to their most pressing questions about love and sexuality. These books offer solid, relevant teachings in a language teens understand.

Purity 365

by Jason Evert

Purity 365 gives to-the-point daily reflections on purity to counter the lust served up by the media 365 days a year.

Raising Pure Teens

by Jason Evert & Chris Stefanick

With the "pornification" of everything from adolescent fashions to primetime television commercials, who can take a chance on withholding from kids the real score on human sexuality?

If You Really Loved Me: 100 Questions On Dating, Relationships, And Sexual Purity - NEW - Revised and Expanded Edition

by Jason Evert

What a good idea!

See more books and resources at Chastity.com

Jason Evert also wrote *Theology of the Body for Teens* (along with Crystalina Evert and Brian Butler)

Learn the Billings Ovulation Method

Are you interested in learning the Billings Ovulation Method to understand your fertility and protect your reproductive health? If so we can help. You can use this method to either achieve or avoid pregnancy.

The method is based on the symptoms associated with cervical mucus that is sensed at the vulva by the woman as she is doing her normal daily activities. The woman learns to recognize the times of fertility and infertility by the presence or absence of this cervical mucus.

For more information [click here](#)

Basic Teacher Training workshops:

Part 1

October 19 - 21, 2012
Toronto, Location to be Announced

For more information [click here](#)

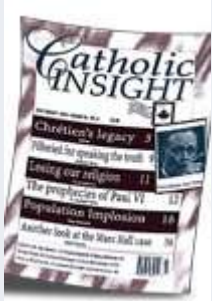
Part 2:

November 16 - 18,
2012

For information [click here](#)



<http://www.naturalfamilyplanning.ca/toronto/>



Catholic Insight

Consider subscribing to Catholic Insight, the magazine for Canadians who would like to deepen their knowledge of the Faith and to discover the authentic teachings of the Catholic Church.

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GSML Ministry is on FaceBook

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- Teens
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God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over twenty Workshops on Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held four Theology of the Body for Teens workshops and have been invited into three high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthethemeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

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