



God, Sex and the Meaning of Life

JULY 2018

VOLUME 62

Note: Email gsmlministry@gmail.com to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from 9:30 am - 11:30 am at St. Bernadette's Parish Hall, 21

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Bayly St. E. Ajax

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;" 1 Peter 3:15

A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.

Let's give our teens an opportunity to discover the truths.

Contact: Rose and Pat Heron at roseheron@gmail.com

We have held over

- [Recommended Reading](#) – *Eclipse of the Body*
- [Donate Catholic Books to Catholic School Libraries](#)
- [Natural Family Planning](#) – Managing Menopause Naturally



We are now booking into Fall of 2018.

Toronto's Cardinal, Thomas Collins stated: *"One crucial area is the Catechesis of Human Love, or Theology of the Body, developed by Blessed Pope John Paul II which, when widely offered, can greatly strengthen Christian family life, and the life of discipleship."* – Archdiocese of Toronto: Pastoral Plan, 2013

To read the full article [click here](#)

GSML News

Special Event:

Our Lady of Guadalupe and Theology of the Body Talk by Sr. Helena Burns

Nine million people entered the Catholic Church in the Americas just as millions were leaving in Europe. Why? In December 1531, St. Juan Diego received the image of Our Lady of Guadalupe on his tilma, a miracle that sparked the massive conversion among the Aztec people.

What is it about Our Lady of Guadalupe and her message that has pierced so many hearts over the centuries? Come and listen to this extraordinary talk on Saturday, October 27 – at 10:00 am in [St. Bernadette's](#) parish hall at [21 Bayly St. East Ajax](#). Contact Susan Kennedy 905-427-6137 for more information.

Our Programs

Teachers!!! Pastors!!! Youth Group Leaders!!!

Now is the time to arrange a Theology of the Body course for your students or youth or young adults.

23 Theology of the Body for Teens Workshops and Classroom Sessions

Let us facilitate the program, while you study the various aspects to increase your proficiency to present all or parts in the future.

Invite us in for 10 weeks and you will be surprised by the results.

Identity. Gender. Love. Chastity. *The world is a difficult place for teens, and it has become increasingly hard for parents and educators to help teens discover the truth about their bodies, their sexuality, and their unique call to love.*

We can do this together.

Contact Rose Heron at 905-683-9055 or roseheron@gmail.com to find out the details. It is presented at a very minimal cost.

Theology of the Body Study Group

At the present time we are studying the ***Catechism of the Catholic Church***, with an eye towards the Theology of the Body. Take this opportunity to learn about your faith. Bring your questions and we will find the answers together.

Please join us on Monday mornings, from 9:30 am to 11:30 am. in St Bernadette's church hall 21 Bayly St. E. Ajax. Hope to see you there.

Monday mornings from 9:30 to 11:30

St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax

Contact: Tom or Susan Kennedy 905-427-6137
gsmlministry@gmail.com

Bible Study

Psalms: The School of Prayer – Starting September 2018

St. Bernadette's will be hosting *Psalms: The School of Prayer* Bible study beginning Wednesday Sept 24 at 9:30 am to 11:30 am or Friday Sept 14 at 7:00 pm to 9:00 pm and continuing every Wednesday or Friday until Wednesday Nov 21, 2018 or Friday Nov 30. This is an 11 week course. Please join us.

At the heart of the Bible are the *Psalms*, prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. These sacred hymns become our heartfelt response to God's loving and wondrous deeds for us. Their words captivate the imagination and draw us into a deeply personal encounter with God.

Join Jeff Cavins, Sarah Christmyer, and Dr. Tim Gray as they show you how to establish a deeply personal dialogue with God through the Psalms. Start Dates: Wednesday, September 12. **OR** Friday, September. 14 2018.

Wednesday mornings from 9:30 am – 11:30 am

OR

Friday evenings from 7:00 pm – 9:00 pm

Purchase of the Study Guide is Optional at a cost of \$35.

St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax

Contact: gsmlministry@gmail.com

For more information about the program [click here](#)

Join the New Evangelization

We offer various workshops for **Every Body** including:

- *God, Sex and the Meaning of Life*—for adults
- *Theology of the Body for Young Adults*
- *Theology of the Body for Teens*—in school program or in the Parish
- *Theology of the Body for Grade School*—Gr 6-8
- *Guiding Your Child Through the Sexual Minefield*
- *Theology of the Body and Confirmation*
- *Girl Talk*
- *Marriage Preparation and Theology of the Body*
- *Theology of the Body in the Classroom*
- *Training on the Theology of the Body*
- *Retreats on the Theology of the Body*

We can custom tailor any Workshop for your Group.

Theology of the Body

<p>From a SoundCloud</p>	<p>By Sr. Helena Burns, fsp</p> <p>Sr. Helena gives several talks on important issues and The Theology of the Body.</p> <ul style="list-style-type: none"> • Theology of the Body & Humanae Vitae – Parts 1 – 6 • Radical Feminism to Feminine Genius • Gender & LGBTQ – Parts 1 & 2 <p>To hear these talks click here</p>
<p>“Is birth control morally acceptable?”</p>	<p>Christians and Birth Control, Part 1, by Stephanie Gray</p> <p>When I present about abortion, I’m sometimes asked about birth control. There are those who think that if one is against abortion one should surely be in favor of birth control; after all, wouldn’t increasing the latter decrease the former? Actually it does not, as I address here.</p> <p>I think a more fundamental question, though, is not “Will birth control decrease or increase abortion?” but rather, “Is birth control morally acceptable?”</p> <p>That came up at a recent presentation I gave at a Christian church in my home city of Vancouver, Canada. This topic is often framed as a Catholic-Protestant debate, with the Catholic church teaching contraception is morally wrong and many Protestant churches accepting some forms of contraception. This difference, however, is a new phenomenon. And by “new” I mean the last 90 years. The history of churches of various denominations claiming to follow Christ for the previous 2,000 years has been one where contraception has been rejected—until the Anglicans first embraced it in 1930. I therefore believe a solid, Biblical case can be made for objecting to birth control—appealing to all people who claim to follow Christ, regardless of denominational differences. This series will endeavor to do that.</p> <p>To read the article click here</p>
	<p>THE MASCULINE GENIUS</p> <p>First you heard about the Feminine Genius, now you will hear about the Masculine Guinus</p> <p>Click here to listen</p>
<p><i>“God has not called us for uncleanness, but in holiness. Therefore whoever disregards this,</i></p>	<p>Why can’t the Church stop harping on purity?!</p> <p>By Dr. Jeff Mirus</p> <p>In the wake of yesterday’s conviction of comedian Bill Cosby for sexual</p>

disregards not man but God” (1 Thes 4:8).

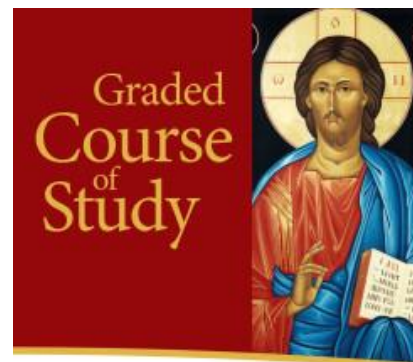
assault, we might well revisit what many regard as the obnoxious Catholic emphasis on purity. While we hear less about it in a secularized Church, everybody knows the traditional emphasis is always just beneath the surface. This is so obvious to outsiders that the Church has often been accused of not really caring about any other kind of sin. That’s not true, of course. But the barest whiff of Catholic emphasis on sins of the flesh is enough to send the world into paroxysms of denunciation.

To read the article [click here](#)

The Theology of the Body content is new in the Graded Course of Study, but the other focus areas remain the same: knowledge of the faith, knowledge of the sacraments and liturgy, moral formation, praying with Christ, living in the community of the Church, and living as a Christian in society.

Another milestone in teaching Theology of the Body

Over the last four years, the Office for Evangelization and Discipleship at the Archdiocese of Cincinnati has shown a great love and dedication in their work developing a new religion Graded Course of Study for Pre-Kindergarten through 8th grade students. The new curriculum now incorporates Theology of the Body into content taught each year in school religion classes and catechetical programs throughout the archdiocese. This work was made possible with funds from the 1Faith1Hope1Love campaign.



Pre-Kindergarten through
8th Grade Catechetical Programs



To find out more [click here](#)

The Truemanhood Podcast – Episode 11 Theology Of The Body

Dave talks about both what the Theology of the Body is and its importance in the lives of everyone. This vital teaching in the Roman Catholic Church could very well solve the problems in the world

To listen to the talk [click here](#)

Sexual Ethics – Theology of the Body Institute

July 22 @ 4:00 p.m. – July 27 @ 1:00 p.m.

*Malvern Retreat Center
Malvern, PA*

Have you ever struggled with explaining the “why” behind the “what” of the Catholic Church’s teaching on topics like contraception, procreative technologies, sterilization, abortion, homosexuality, cohabitation or

pornography? The Catholic Sexual Ethics course, taught by John Haas, Ph.D., is a wonderful opportunity to learn more of the “whys” and to learn how Pope Saint John Paul II’s Theology of the Body shines light on these topics.

This course reflects on the moral challenges raised by the sexual revolution in the twentieth century. It will examine chastity as a virtue looking at the specific issues of fornication, adultery, masturbation, chastity within marriage, contraception, and homosexuality in light of the Theology of the Body

[Click here](#) for more information

Theology of the Body, the Saints and Our Masks

Madeleine Carrington explores the Theology of the Body and also the examples given to us by the saints in how they lived it in their life and vocation.

The main post for Theology of the Body, the Saints and Our Masks appears on Cradio.

To listen [click here](#)

Sexual Re-connection

By PETER KREEFT

To see that the Sexual Revolution has been radical in thought as well as behavior, just look at the revolution in language. When people use the word “morality” today they almost always mean sexual morality. That’s a remarkable new development, an astonishing narrowing; it’s as if we started to use the word “state” to mean only Russia, or the word “technology” to mean only “computers”. The reason for the new development is obvious from my two comparisons: sex, Russia, and computers are where there have been the most radical revolutions.

No one speaks of a revolution in any other area of morality. No one speaks of the Property Revolution or the Bearing False Witness Revolution. In fact the rest of the natural moral law is pretty much still in place. Almost no one defends terrorism, sadism, cannibalism, insider trading, nuclear war, environmental pollution, rape, hypocrisy, torture, or murder. We are still “judgmental” about those things. But if it has anything to do with sex we dare no longer be “judgmental”.

To read more [click here](#)

“John Paul II’s Theology of the Body. That is the Church’s answer to the Sexual Revolution. The Church always responds to new heresies with new definitions, new insights, new restatements of eternal truths.”

Catholic DVD Resource Suggestions

The Bishop Farrell Library

Guide to the DVD Collection. This is a list of topics. Each topic has many suggested DVDs.

- Abuse: Physical, Substance
- Pro-Life
- Adolescent Development
- Parenting-Family
- Grief-Death-Dying
- Separated/Divorced
- Marriage
- General Enrichment
- Catechetics
- Liturgy
- Saints
- Community
- Faith
- R.C.I.A
- Sacraments
- Scripture
- Social Awareness
- Prayer
- Vocations
- Music
- Vatican II

To [click here](#) to find out more about the DVDs

The call to Consecrated Virginity

Archdiocese of Toronto Blog

First, Mary Bastedo got to know Jesus through the L'Arche community. As a result, she followed a call to celibacy – not through a religious order, but rather, through the **Order of Consecrated Virginity**.

Bastedo is one of 10 women in the Archdiocese of Toronto who has been consecrated to the *Ordo Virginitatis* since the first local consecration in 1983. Across Canada, about 50 women are following this call, says Bastedo, who assists locally with the formation and discernment process for women contemplating this ecclesial vocation. France and Italy have the highest number of vocations to the order, with 620 and 600 respectively.

To read more [click here](#)

Celebrating the Courage of Blessed Pope Paul VI

For Bastedo, part of the beauty of the Order of Consecrated Virgins is that the women can live out missions that are unique to the individual areas to which God is calling them..

Talk by Christopher West on Humanae Vitae

and the Antidote to the Sexual Chaos of Today

July 25, 2018, marks 50 years since Pope Paul VI shocked the world when he issued his encyclical letter Humanae Vitae (Of Human Life) reaffirming the traditional Christian teaching against contraception. Although he was mocked and scorned globally – both from outside and, sadly, from within the Church – his words were prescient. He warned that a contracepting world becomes a world of rampant infidelity; a world where women and childbearing are degraded; a world in which governments trample on the rights and needs of the family; and a world in which human beings believe they can manipulate their bodies at will (see HV 17).

[Click here](#) to read more

How to Talk to Your Kids About Sex in a Sex-Obsessed Culture

Parents have more influence over their kids than they realize
Marcia Segelstein

Today's Catholic and other traditional Christian parents have the monumental task of trying to teach their children the true meaning of sex. What makes it so difficult is that the world's understanding of sex is completely different from the Church's. And while the world once at least tacitly supported parents in their role as primary educators, it no longer does. When it comes to this all-important issue, the education establishment and the entertainment industry have largely usurped parental authority.

To read more [click here](#)

“
“Kids want limits, even if they don't know it,” Dr. Artigues told me. “Our kids are buried in their electronic devices these days. Set limits at the dinner table, for example. Give kids opportunities to engage with the family.” Strong relationships will make everyone more comfortable talking about even difficult subjects. Don't be afraid to be in charge. Or as he puts it, “be willing to be the parent.”

As a program designed to reinforce parents' role as primary educators, PUREly YOU! Growing God's Way is a set of tools, which helps parents teach their children about the beauty of sexuality and what to expect at the onset of puberty.

The materials are infused

PUREly YOU!TM
Growing God's Way

Partnering with parents to help children understand
"Growing Up"

PUREly YOU! conforms to Catholic teaching in both content and approach, relying on the following sources:

with the positive language of the Theology of the Body and though geared for approximately 5th grade, parents are encouraged to learn this enlightening vocabulary and apply it (when it becomes appropriate) as their children grow from infancy and on through the teen years.

- *Catechism of the Catholic Church* (Second Edition, 1994).
- *Man and Woman He Created Them: A Theology of the Body*, by Pope John Paul II.
- *The Truth and Meaning of Human Sexuality: Guidelines for Sex Education Within the Family*, by the Pontifical. Council for the Family (1995).
- *Catechetical Formation in Chaste Living: Guidelines for Curriculum Design and Publication*, by the United States Conference of Catholic Bishops (2008).

PUREly YOU! recognizes:

The delicacy of the subject matter.

- The uniqueness of each child, which requires them to be given individualized instruction on the delicate subjects.
- The lack of confidence that many parents experience. PUREly YOU! provides direct assistance and insight to parents so they may (re)claim their duty in a spirit of love & confidence.
- The necessity for children to receive formation in chastity (which is age appropriate).

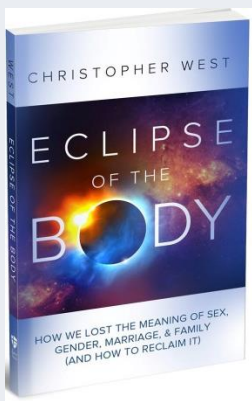
To find out more [click here](#)

Recommended Reading

Eclipse of the Body

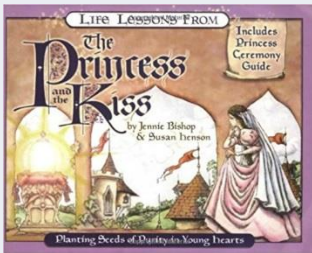
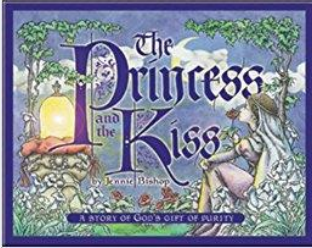
Christopher West

The world is experiencing a total eclipse of the meaning of the body. The definitions of boy and girl, masculinity and femininity, husband and wife, and mother and father have been obscured, and a shadow of confusion has been cast over gender, marriage, sex, and the family. Everything has been re-defined, and yet none of the new definitions are definite. Where did this come from—and more importantly—what needs to happen for the meaning of the body to become clear again? In this easy-to-read booklet, you'll discover what lies at the root of today's sexual chaos and gender confusion, and how it was foretold more than a century ago. You'll also learn how Saint John Paul II's Theology of the Body provides the antidote to the crisis of our times and paves the way for the "Triumph" foretold by the Virgin Mary in Fatima.



What a good idea!

These two books are a perfect set.



Donate Catholic Books to Catholic School Libraries

- **The Princess and the Kiss: A Story of God's Gift of Purity**

A loving king and queen present their daughter with a gift from God - her first kiss - to keep or to give away. The wise girl waits for the man who is worthy of her precious gift. Where is he and how will she ever find him? The surprising answer in this marvelous parable will touch the heart of parent and child alike. The Princess and the Kiss beautifully portrays the ageless message that "love... comes from a pure heart and a good conscience and a sincere faith" (1 Timothy 1:5 NIV)

- **Life Lessons from the Princess and the Kiss (Revive Our Hearts)**

This easy-to-use devotional companion to The Princess and the Kiss Storybook covers biblical teaching on purity, relationships, and God's plans for marriage. Includes Princess Ceremony Guide. Can be personalized for any age.

St. Clare Church, 1118 St. Clair Av. West, Toronto. (one block E. of Dufferin). Initial Presentation 2nd Tuesday of each Month starting at 8pm in Padre Pio's Room, basement room in the Church.

St. Mary of the People Church 570 Marion Ave., Oshawa - Initial presentation: 2nd Tuesday, each month at 8 p.m.

Natural Family Planning is not only a valuable tool for married couples, but all women can use it to monitor their health.

Managing Menopause Naturally

Knowledge gives assurance

With the Billings Ovulation Method of natural family planning, free from manipulation by chemicals and devices, the woman learns to interpret her natural signs of fertility through all her changing circumstances from puberty to menopause.

This method of natural family planning engenders co-operation and respect between the woman and man. It develops love and concern for each other and for the child, thus enriching their relationship.

The Billings Ovulation Method is easy to learn and is highly successful when used by a couple to achieve or avoid a pregnancy.

For more information contact Natural Family Planning Association at toronto.naturalfamilyplanning.ca



Natural Family Planning Association

toronto.naturalfamilyplanning.ca

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in *Humanae Vitae*. We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthethemeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

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