



God, Sex and the Meaning of Life

JULY 2019

VOLUME 68

Note: Email gsmlministry@gmail.com to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from 9:30 am - 11:30 am at St. Bernadette's Parish Hall, 21

Contents

GSML News

- [Cardinal Thomas Collins' statement on the Theology of the Body](#)
- [Theology of the Body Study Group - Catechism of the Catholic Church](#)
- [Bible Study - Prophets: Messengers of God's Mercy](#)
- [Join the New Evangelization](#)

Other News

- [Theology of the Body Certificate with Sr. Helena Burns](#)
- [Vatican document on gender: Yes to dialogue, no to ideology](#)
- ['Gender theory' is a 'threat' to proclamation of the Gospel: Dutch Cardinal](#)
- [22 Ways to Respond to Common Abortion Questions](#)
- [How "Birth Control" Betrayed Women](#)
- [Youth ministry program takes a fresh approach](#)
- [In Washington state, humans can be turned into compost \(Catholics have a problem with that\)](#)
- [Feminine Genius](#)
- [Christ is the Answer](#)
- [A rose on Mother's Day: Don't forget the spiritual mothers](#)
- [Rite for the Blessing of a Child in the Womb](#)
- ["The Mirror" - Theology of the Body talk for 5th and 6th grade](#)
- [Recommended Reading - Made for Love: Same-Sex Attraction and the Catholic Church](#)
- [Donate Catholic Books to Catholic School Libraries](#)
- [Natural Family Planning - Teaching your teen to chart her cycle could literally save her life](#)

Bayly St. E. Ajax

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;" 1 Peter 3:15

A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.

Let's give our teens an opportunity to discover the truths.

Contact: Rose and Pat Heron at roseheron@gmail.com

We have held over

We are now booking into Fall of 2019.

Toronto's Cardinal, Thomas Collins stated: "One crucial area is the Catechesis of Human Love, or Theology of the Body, developed by Blessed Pope John Paul II which, when widely offered, can greatly strengthen Christian family life, and the life of discipleship." – Archdiocese of Toronto: Pastoral Plan, 2013

To read the full article [click here](#)

GSML News

If you would like to have your Theology of the Body event published in this Newsletter, please remember the publishing dates of January, March, May, July, September and November. Please send us the information prior to these months.

Our Programs

Teachers!!! Pastors!!! Youth Group Leaders!!!

Now is the time to arrange a Theology of the Body course for your students or youth or young adults.

Let us facilitate the program, while you study the various aspects to increase your proficiency to present all or parts in the future.

Invite us in for 10 weeks and you will be surprised by the results.

Identity. Gender. Love. Chastity. *The world is a difficult place for teens, and it has become increasingly hard for parents and educators to help teens discover the truth about their bodies, their sexuality, and their unique call to love.*

We can do this together.

Contact Rose Heron at 905-683-9055 or roseheron@gmail.com to find out the details. It is presented at a very minimal cost.

23 Theology of the Body for Teens Workshops and Classroom Sessions

Theology of the Body Study Group

Finished for the Summer – starting again on September 9

At the present time we are studying the ***Catechism of the Catholic Church***, with an eye towards the **Theology of the Body**. Take this opportunity to learn about your faith. Bring your questions and we will find the answers together.

Please join us on Monday mornings, from 9:30 am to 11:30 am. in St Bernadette's church hall 21 Bayly St. E. Ajax. Hope to see you there.

Monday mornings from 9:30 to 11:30

St. Bernadette's Parish Hall, 21 Bayly St. E., Ajax

Contact: Tom or Susan Kennedy 905-427-6137 gsmlministry@gmail.com

Bible Study

St. Bernadette Church Hall, 21 Bayly St. E., Ajax

***Prophets: Messengers of God's Mercy* – Starting September 2019**
by Thomas Smith & Sarah Christmyer

The Prophets urge us to repentance, warn us of the dangers of sin, and announce the blessings of faithfulness. Their prophetic words speak to us even today, as they draw us closer to our heavenly Bridegroom. At St. Bernadette's Parish in 21 Bayly St. E, Ajax, ON beginning Friday Sept 13, from 7pm to 9 pm or Wednesday Sept 18, 2019 from 9:30 am to 11:30 am and continuing for 10 weeks. (Study Guide \$40: optional)

Contact: gsmlministry@gmail.com

For more information about the program [click here](#)

Important Note: If you would like help starting the Bible Timeline in your Parish, please feel free to contact us.

Join the New Evangelization

We offer various workshops for **Every Body** including:

- *God, Sex and the Meaning of Life*—for adults
- *Theology of the Body for Young Adults*
- *Theology of the Body for Teens*—in school program or in the Parish
- *Theology of the Body for Grade School*—Gr 6-8
- *Guiding Your Child Through the Sexual Minefield*
- *Theology of the Body and Confirmation*
- *Girl Talk*
- *Marriage Preparation and Theology of the Body*
- *Theology of the Body in the Classroom*
- *Training on the Theology of the Body*
- *Retreats on the Theology of the Body*

We can custom tailor any Workshop for your Group.

Sr. Helena gives Media Literacy & Theology of the Body workshops & courses to youth & adults all over Canada and the U.S., and believes that media can be a primary tool for sharing God's love and salvation. (She is a Canada/USA dual citizen: an international woman of mystery.)

Theology of the Body Certificate with Sr. Helena Burns

***** ONLINE ONLY *****

Cost: \$150.00 for students in the Theology of the Body Foundations Certificate Program
(book included)

\$75.00 for students auditing the Theology of the Body Foundations Program

Last day for late registration: July 1st, 2019.

Textbook: Students registered in the Certificate program will receive a textbook in pdf. format.

When: Jun 1st-September 30th, 2019

Pre-registration and pre-payment are required.

Where: The classes are pre-filmed and you can watch them at your own pace using google classroom.

Auditing students do not receive a Certificate and are not required to do any readings or take exam.

Certificate students will be required to do extra readings and take an exam.

Certificate students will have till September 30th to complete readings and take the exam (several dates and times will be made available for exam-taking in September).

Registration is through Sacred Heart College, not Sr. Helena or Pauline Books & Media.

All questions about the course should be directed to Sacred Heart College.

To register [click here](#)

Dr. Robin Lathangue
Dean of Studies/Academic Dean
T.: 705-745-5549
F.: 705-874-2975
Email: Email the Dean of Studies/Academic Dean

It is becoming increasingly clear that we are now facing with what might accurately be called an educational crisis, especially in the field of affectivity and In many places, curricula are being planned and implemented which "allegedly convey a neutral conception of the person and of life, yet in fact reflect an anthropology opposed to faith and to right reason"

Vatican document on gender: Yes to dialogue, no to ideology

By Debora Donnini
The Congregation for Catholic Education has published "Male and Female He Created Them: Towards a path of dialogue on the question of gender theory in education". The new document is intended as an instrument to help guide Catholic contributions to the ongoing debate about human sexuality, and to address the challenges that emerge from gender ideology.

To read the article [click here](#)

To read the documents [click here](#)

Cardinal Eijk said the "vision of man" put forth by gender theory, which he defined as the idea that someone can choose their own gender, is "radically" opposed to the view of

'Gender theory' is a 'threat' to proclamation of the Gospel: Dutch Cardinal

ROME, Italy, May 16, 2019 (LifeSiteNews) — Cardinal Willem Eijk of the Netherlands kicked off the 2019 Rome Life Forum today at the Pontifical University of St. Thomas Aquinas in Rome by issuing a warning about the threat "gender theory" poses not only to the traditional family unit but also

<p><i>the human person held by Christianity.</i></p>	<p>to the Christian faith itself.</p> <p>Eijk, 65, is the current Archbishop of Utrecht. Elevated a Cardinal in 2012 by Pope Benedict, he's emerged in recent years as one of the more outspoken defenders of orthodox Church teaching. He's previously blamed Amoris Laetitia for "fracturing" the Church and has stated Pope Francis could possibly be part of the "final trial" for the Church before the second coming of Christ.</p> <p>To read the whole article click here</p>
<p><i>"A woman has the right to control her own body."</i></p> <p><i>No one has ever said differently. Outside of Islam and Islamic law, where a woman's worth is often treated as only a fraction of that of a man, nobody wishes to control women. Instead, a child in the womb is her own person — and if her body and life aren't respected, what reason is there to respect anyone's bodily autonomy and right to life?</i></p>	<p>22 Ways to Respond to Common Abortion Questions</p> <p>"If the baby isn't a human, what species is it?"</p> <p><u>Angelo Stagnaro</u></p> <p>Here are a few key points to remember the next time you find yourself in a discussion about abortion:</p> <p>"What about rape and incest?"</p> <ol style="list-style-type: none"> 1. Rape and incest account for 2% of all abortions. It's bizarre to say, "Let's kill 98% of children in the womb because... there's some other child who might have been conceived as a result of rape or incest." In other words, what about the 98% that aren't conceived via rape and incest? <p>To read the rest of the article click here</p>
<p><i>The THEOLOGY OF THE BODY & MEDIA LITERACY blog of Sr. Helena Burns, fsp, media nun.</i></p>	<p>How "Birth Control" Betrayed Women</p> <p>"No one, no one tells young women how their body works. I know people who graduated from med school knowing only how to tell women to take the Pill."</p> <p>To listen to the talk click here</p>
<p><i>The Archdiocese of Toronto runs a similar program through Franciscan University of Steubenville to train its youth ministers.</i></p> <p>To learn about the Toronto Archdiocese YOUTH MINISTRY</p>	<p>Youth ministry program takes a fresh approach</p> <p>BY DANIELLE RIVEST</p> <p>Youth ministers have to be a jack-of-all-trades in a parish community.</p> <p>They work as a bridge between parishes, schools, parents and priests while empowering youth to be full, active and conscious participants in the parish.</p>

<p>CERTIFICATION click here</p>	<p>“If we plan to have a Church in the future, we have to make sure that the professional standards that we set for the people working with (young people) is adequate,” said Claire Bondy, Family and Youth Ministry Specialist for the Diocese of London. “It’s too valuable to leave to chance.”</p> <p>To read more click here</p>
<p>The Catholic Church had opposed the bill, saying that composting ran contrary to church doctrine. “Disposing human remains in such a manner fails to show enough respect for the body of the deceased,” Joseph Sprague, executive director of the Washington State Catholic Conference, wrote in a letter to a legislative committee.</p>	<p>In Washington state, humans can be turned into compost (Catholics have a problem with that)</p> <p>It’s never boring living in Washington state, the land of legalized marijuana, orcas, lots of rain, a quasi-socialist city government and now the chance to become at one with the soil — extra quick.</p> <p>Literally. We’re the first state to legalize human composting.</p> <p>It’s not quite “Soylent Green” (the 1973 dystopian movie where dead people are made into food for a starving world), but it feels like a step in that direction. Some are calling it the chance to have “a better, greener death.”</p> <p>This slogan goes better with some religions than others. The Christian flocks with ancient roots have lots of problems with this.</p> <p>To read the article click here</p>
	<p>Feminine Genius – Cindy Black</p> <p>For you listening pleasure. KHS 84 – Theology of the Body Thursday.</p> <p>To listen to the talk, click here</p>
	<p>Christ is the Answer – June 11, 2019:</p> <p>Relationships #3 - Theology of the Body</p> <p>From Ave Marie Radio for your listening pleasure. Click here to listen.</p>
<p><i>St. John Paul writes, “The dignity of woman is measured by the order of love.” It is this love that is the heart of all motherhood.</i></p>	<p>A rose on Mother's Day: Don't forget the spiritual mothers</p> <p>Sometimes it becomes awkward in church on Mother’s Day when at the end of Mass the priest asks mothers to stand for a blessing. As a religious sister I’ve been in the position of half-standing, half-sitting, unsure of what</p>

to do, or even if “spiritual mothers” are included in that prayer.

If I stand, would people think I actually have children? Do they really see me as a spiritual mother? Ugh. It becomes complicated, so I slip into a noncommitted sit-kneel position.

As I leave church they pass out roses to the women. One man didn’t want to give me a rose because that was only for mothers. I just stared at him — somewhat pathetically — and he reluctantly gave me one.

United States Conference
of Catholic Bishops
Washington, DC –

From www.usccb.org

Rite for the Blessing of a Child in the Womb

- From the Book

God, author of all life,
bless, we pray, this unborn child;
give constant protection
and grant a healthy birth
that is the sign of our rebirth one day
into the eternal rejoicing of heaven.
Lord, who have brought to this woman
the wondrous joy of motherhood,
grant her comfort in all anxiety
and make her determined
to lead her child along the ways of salvation.

[For the father:

Lord of the ages,
who have singled out this man
to know the grace and pride of fatherhood,
grant him courage in this new responsibility,
and make him an example of justice and truth for
this child.]

[For the family:

Lord, endow this family
with sincere and enduring love
as they prepare to welcome this child into
their midst.]

Lord, you have put into the hearts of all men and
women of good will a great awe and wonder at the gift of new life;
fill this (parish) community
with faithfulness to the teachings of the Gospel
and new resolve to share
in the spiritual formation of this child in Christ
our Savior,

who lives and reigns for ever and ever.

R/. Amen.

To access the book [click here](#)

For more information about Katrina and her speaking ministry, visit

<http://katrinazeno.com/>

"The Mirror" - Theology of the Body talk for 5th and 6th grade by Katrina J. Zeno

How do you speak about theology of the body to grade school and middle school? It's easy - you talk about how the body is a mirror of God. Besides being fun for 4-6th graders, this talk is also a great inspiration for parents, Catholic school teachers, and religious educators about the basic "building blocks" of how we image God through a sincere gift of self.

To watch the talk [click here](#)



Recommended Reading

Made for Love: Same-Sex Attraction and the Catholic Church
by Michael Schmitz

In *Made for Love*, Fr. Michael Schmitz presents the Catholic teaching on same-sex attraction and same-sex "sexual" relations.

He begins by giving background information regarding the different worldviews of the human person, the philosophical ideas of nature and purpose, the differences between objective and subjective truth, the principal of non-contradiction, and the fallen human nature that resulted from Original Sin. He then discusses in great detail the nature and ends of human sexuality and the nature of true love, while, in a compassionate and non-judgmental way, explaining the flawed nature of same-sex "sexual" relations.

While this book is intended primarily for those who have same-sex attraction and their family and friends, its presentation of the compassionate truth of Catholic teaching on same-sex attraction will be of great benefit to everyone in today's society.

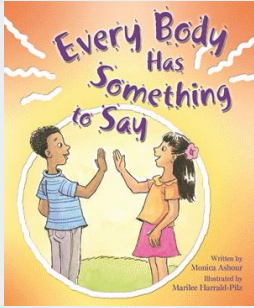
What a good idea!

Donate Catholic Books to Catholic School Libraries

Every Body Has Something To Say

By Monica Asbour

"Our bodies tell us what we need to know and show our inside selves to others. Bodies talk, and bodies listen. Every body has something to say!"



Teach children a new way of listening. Through everyday examples and colorful illustrations, *Every Body Has Something to Say* helps children become aware of how we communicate with our bodies and shows them how to respond appropriately and lovingly.

St. Clare Church, 1118 St. Clair Av. West, Toronto. (one block E. of Dufferin). Initial Presentation 2nd Tuesday of each Month starting at 8pm in Padre Pio's Room, basement room in the Church.

St. Mary of the People Church 570 Marion Ave., Oshawa - Initial presentation: 2nd Tuesday, each month at 8 p.m.

Natural Family Planning is not only a valuable tool for married couples, but all women can use it to monitor their health.



Natural Family Planning Association

Teaching your teen to chart her cycle could literally save her life

Knowledge about their bodies can go a long way in helping young women be their best selves.

Charting your cycle is a Natural Family Planning thing, right? So why would you teach it to your teenager, especially if she's not even into high school yet or sexually active? What would be the point?

Well, what if I told you that learning to chart her cycle could actually save her life, lower her risk of going to jail, and improve her life in a myriad of other ways, too?

To read the rest of the article [click here](#)

For more information contact Natural Family Planning Association at toronto.naturalfamilyplanning.ca

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in Humanae Vitae. We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthemeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

To unsubscribe to this newsletter, reply back with this email to gsmlministry@gmail.com with unsubscribe in the subject line of your email.