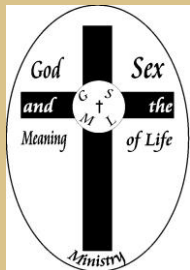


If you received this twice, please accept our apologies. If the Newsletter does not appear as it should please go to our Website at <http://www.godsexandthemeaningoflife.com/Newsletters.html> - click on Volume 42 - to view the document. If you would prefer to receive this email as a PDF attachment please let us know.



God, Sex and the Meaning of Life

MAY 2015

VOLUME 42

Note: Email gsmlministry@gmail.com to book a *Theology of the Body* Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from (9:30 - 11:30) at St. Bernadette's Parish Hall, 21 Bayly St. Ajax

Contents

GSML News

[Cardinal Thomas Collins' statement regarding the *Theology of the Body*](#)

[Apologetics](#) - Great Catholic Quiz

[Theology of the Body for Teens - **Teachers**](#)

[Girl Talk](#)

[Don't Let Wynne - Win](#)

[The Great Adventure: *Matthew: the King and His Kingdom*](#)

[Theology of the Body and Marriage Preparation](#)

[Summary of the Fourteenth Theology of the Body Audience](#)

Other News

[Signature Wines of the World: A Tutored Tasting Fundraiser](#)

[Theology Of The Body I: A Head & Heart Immersion](#)

[Theology Of The Body & Art: The Way Of Beauty](#)

[Pope Francis pays tribute to St. John Paul II](#)

[John Paul II: International Film Festival](#)

[Theology of the Body, Session 1: Man and Woman He Created Them](#)

[Pope John Paul II's Theology of the Body: A Cliff Notes' Version](#)

[World Meeting of Families - 2015 - **Pope Francis is attending**](#)

[Recommended Reading](#) - *Passport*

[Donate Catholic Books to Catholic School Libraries](#)

[Natural Family Planning](#)



We are now booking into the 2015 and 2016.

Toronto's Cardinal, Thomas Collins stated: [John Paul II] His teachings, and especially his Theology of the Body, are a permanent gift of immense benefit to us all. I earnestly invite everyone to study prayerfully the teachings of Pope John Paul, especially the Theology of the Body. -We need very much in these days to deepen our awareness of the dignity of the human person, and Pope John Paul helps us to do that." - Address of Archbishop Thomas Collins - 32nd Annual Archbishop's Dinner, Oct 27, 2011

To read the full address [click here](#)

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;" 1 Peter 3:15

A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.

Contact:

gsmlministry@gmail.com

or 905-683-9055

GSML News

Apologetics

We are facilitating the Apologetics at St. Bernadette's Parish in Ajax, 21 Bayly St E. Sessions are held the fourth Saturday of the month after the 9 a.m. Mass – start 10:00 a.m.

May 23 Catholic Quiz

Prizes. Come and test your Catholic knowledge.

The word ***apologetics*** comes from the Greek word *apologia* found in **1 Peter 3:15** and means "defense." The Bible says that we're to always be ready (thus the name of this ministry) to give a "defense" (an *apologia*) to people who ask us about the hope we have as Christians.

Book a Theology of the Body for Teens in the Class in the Fall

Teachers: Consider booking us for the fall of 2015. We can present *Theology of the Body in the Classroom* to your students, especially with the new Sex Ed program from Kathleen Wynne.

We are willing to come into your classroom and help facilitate the Theology of the Body for Teens program. This program normally runs 12 weeks, but we can adapt it to a shorter schedule. Also, there are plenty of opportunities for essays, projects or other necessary student involvement.

The program will also provide a valuable experience with the ToB material and

Let's give our teens an opportunity to discover the truths.

Contact: Rose and Pat Heron at roseheron@gmail.com

show how easily it can be incorporated into the curriculum without a lot of study on your part.

We are very knowledgeable on the *Theology of the Body for Teens* as we have held over 20 Workshops and have been invited into 4 High Schools.

There has been terrific feedback from the Students

We have held over 20 *Theology of the Body for Teens* Workshops and Classroom Sessions

"Girl Talk" Workshop on Sunday February 22

We had a great group of girls and their moms attend the Girl Talk workshop. Father Cull opened the session with a welcome and a lovely opening prayer. The facilitator, Rose Heron, shared important information for all girls/women in a fun, relaxed and engaging manner. The presentation included some video clips and activities, along with handouts for further information.

One of the books recommended was "*How to Find Your Soul Mate Without Losing Your Soul*" by Jason & Crystalina Evert. It was recommended that moms read first and share with their daughters when appropriate. When some of the participants were asked if the workshop was helpful, the answer was a resounding yes. Thanks for all who came out to learn more about being a girl in today's society!

Student Testimonials about "Girl Talk"

- *"In my opinion Girl Talk was a great experience. I got to learn lots and meet new girls. The food was great but the interactive activities were epic. I'm glad I attended!!"*
- *"I thought that it was an amazing way for me and my mom to spend some time together because we are always running around. So it was an amazing time."*
- *"It was really interesting. I felt like I could be myself and talk freely with the girls and moms, I even got to see some of my friends from other schools. I learned a lot of things to help me later in life and there were a lot of funny moments too!"*

If you are interested in having a Girl Talk Workshop in your parish or group, please contact Rose Heron at roseheron@gmail.com or 905-683-9055

Don't let Kathleen Wynne - Win!!!

How can we help you counteract Kathleen Wynne's new Educational program? As concerned Catholics all of us must oppose Kathleen Wynne's proposed new sexual education curriculum for schools. This programme which may include discussions of homosexuality in Grade 3, puberty and possibly masturbation in Grade 6 and information on sexually transmitted infections in Grade 7, is totally

inappropriate for many reasons, for example:

- It exposes young children to premature information which due to their age they do not have the ability to understand and process properly. This could easily lead to misunderstandings about sexuality which can be damaging to health and mental stability as they grow;
- It is usurping the role of parents to be the primary educator of their children in these matters. Parents know when their own children have reached the age to process this information, as well as ways to explain it depending on their own environment and beliefs; and
- It will undoubtedly have adverse effects on the family and family values.

There are many other valid reasons for opposing this move, and there does not appear to be any which support it.

How can we help? Our Ministry was founded in 2006 with the aim of spreading Saint John Paul II's Theology of The Body, and we have several programs which will put the new sex education into perspective for children and teens if Wynne is successful, and if she is not, our programs will be a great benefit in the lives of those who attend. Our Ministry is approved by The Archdiocese of Toronto.

Our main workshops for youth are:

- *Theology of The Body for Teens* – [click here](#) for more information
- *Theology of The Body for Grade School* - [click here](#) for more information
- *Theology of the Body and Confirmation* – [click here](#) for more information
- *Girl Talk*. See above

For more information about us and our group, [click here](#)

We also have a Workshop for Parents: Guiding Your Child Through the Sexual Minefield. [Click here](#) for more information

How can YOU help?

- As **Knights of Columbus** you can help our youth to understand the real meaning of their sexuality and their lives. You can also help parents to understand it from their perspective as well by sponsoring our sessions in your parish, and by encouraging the schools in your area to invite us in to help their students. You may also be able to include your efforts in applying for the Trillium Award, Service Programme Award, and the Pope John Paul II Culture of Life Award.
- As a **pastor**, you can help our youth to understand the real meaning of their sexuality and their lives. You can also help parents to understand it from their perspective as well by sponsoring our sessions in your parish, and by

encouraging the schools in your area to invite us in to help their students.

- As members of **The Catholic Women's League** you can help our youth to understand the real meaning of their sexuality and their lives. You can also help parents to understand it from their perspective as well by sponsoring our sessions in your parish, and by encouraging the schools in your area to invite us in to help their students.
- As the **Principal** you can help our youth to understand the real meaning of their sexuality and their lives. By inviting us in to help your students either by sponsoring a Workshop for parents or a session for students.
- As the **School Board League** you can help our youth to understand the real meaning of their sexuality and their lives **by encouraging the schools in your area to invite us in to help their students**, by updating Catholic Education to integrate this life changing teaching into the daily curriculum, and by inviting us to speak to staff at Board meetings.
- As the **Catholic Teachers Guild** you can help our youth to understand the real meaning of their sexuality and their lives by encouraging the schools in your area to invite us in to help their students, by lobbying for updating Catholic Education to integrate this life changing teaching into the daily curriculum, and by inviting us to present any or all of our sessions or to speak to your members to encourage their participation.
- As a **Parent** you are the primary educator of your child. Ask your pastor or school to sponsor a Parent Workshop.

We don't have all the answers, but we do have a means for balancing the secular agenda to a God giving program.

Theology of the Body and Marriage Preparation

Our Facilitators are ready to speak about Theology of the Body at Marriage Preparation programs.

As Pope Benedict XVI said, "The Theology of the Body is a way to find true love."

Let's make use of this wonderful tool to help strengthen marriages.

Contact us to arrange this talk at your parish Marriage Preparation Talk.

Contact Rose Heron at: roseheron@gmail.com or 905-683-9055

The Great Adventure: Matthew: The King & His Kingdom

In the fall we will be offering the next step in the Great Adventure, *The Gospel of Matthew: the King and His Kingdom*.

The course is a combination of small group discussion followed by a DVD talk by Jeff Cavins. This is a 24 week course.

Cost \$40.00

Time Wed mornings from 9:30 am to 11:30 pm.

At St. Bernadette's Parish hall 21 Bayly St E., Ajax

Start Sept 16, 2015

Contact us regarding Evening sessions of this Bible Study at gsmlministry@gmail.com

Matthew: The King and His Kingdom is an exciting study that explores the life and mission of Jesus as recorded in the Gospel. *Matthew* demonstrates how the promises and prophecies of the Old Testament are fulfilled in Christ, who establishes a New Law and inaugurates the Kingdom of Heaven on earth. Participants will see Jesus as the awaited Messiah who relives the life and struggles of Israel to become the faithful and victorious King. Set in the rich context of Jesus' Jewish culture, this study will help participants understand who Jesus is and what his life and teachings mean for us today. *Matthew* is an ideal follow-up study to the basic narrative of Scripture taught in *The Bible Timeline* study.

To better understand JPII's writings we have decided to include summaries of the ToB.

To read the Audience [click here](#)

"The human body, with its sex, and its masculinity and femininity seen in the very mystery of creation, is not only a source of fruitfulness

The Man-Person Becomes a Gift in the Freedom of Love Pope John Paul II

Summary of Audience Fourteen - by Tom Kennedy

If man was a gift in Genesis 2, did he really live as a gift in his original solitude? Although man was in original happiness, both God and man pointed out that man was alone instead of stressing the beautiful gift that the Creator had given to the created. We have looked at original solitude, but now we must look at a lack of good that exists in it. It was not good that man should be alone. "I will make him a helper" God said, and Adam waited for a helper fit for him. No other part of creation gave man the conditions necessary for him to live in a relationship of mutual giving.

The words "alone" and "helper" are the key to understanding the meaning of "gift" at the human level, and as the truth about man being made "in the image of God". This shows us one of the real meanings of being a person. or a "gift" .By saying it was not good that man was alone, God was saying that man was incomplete, and that he will only be complete when he lives with and for another.

and procreation, as in the whole natural order. It includes right from the beginning the nuptial attribute, that is, the capacity of expressing love, that love in which the person becomes a gift and—by means of this gift—fulfills the meaning of his being and existence". - JP II

This "norm of existence" through these two words is shown as a fundamental and essential part of human existence for man in the relationship of the communion of persons. This communion of persons fulfills "man's" original solitude. Mankind lived in original solitude both before and after the creation of woman. The communion of persons means each person living for, and giving to, the other. Man being a gift for woman, and vice versa.

The fulfillment of "man's" original solitude at the beginning, was pure happiness, and was part of the mystery of creation brought about by God's love, which was part of His giving in creation. Since this was so from the beginning, it shows "man" as being different from the rest of creation. This difference is also seen in the differences from the beginning in the human male and female – the difference between man and woman as persons different from other mammalian, and man and woman as male and female in their gender. To understand "man", we have to understand both the "person" and their sexuality.

There is a link between our creation by God from love as a gift, and our existence as male and female, both in our bodies as well as our sexuality, and that is the communion of persons. When Adam said "this is bone of my bone" etc., he validated the identity of both. Basically he was saying, here is a body that expresses or shows the person.

The body shows the person. In other words, the body reveals the soul – the fullness of what man became when God breathed life into him - the body and soul which made him different (in solitude) from everything else. When man crossed from original solitude by himself to original solitude with woman, they became a mutual gift to each other, and the expression of that gift is the human body in its masculinity and femininity.

The body evidences the mutual exchange of the gift and the communion of persons. The body which is a witness of creation as a gift and therefore a witness to love is the source of all giving. Masculinity and femininity – sex – is a sign of creative giving, and the awareness of this by man (male/female) is the awareness of a gift lived in an original way. This is why sex enters the theology of the body.

We can understand this beginning of existence as male and female through what was revealed to us. And what we discovered at the beginning can be called "nuptial". We can see this through the Yahwist texts as well as the way we live.

We have seen that man's creation as male and female (Gn 2:23) is followed immediately by conjugal unity (cf Gn. 2:24) and then by mutual nakedness without shame (Gn 2:25). This shows us the relationship between the revelation and discovery of the "nuptial" meaning of the body. This relationship confirms the creative giving from love which has now come to man's knowledge and understanding. Man experiences it as a mutual giving which is free from shame.

Genesis 2:24 tells us of the ultimate meaning of masculinity and femininity, the uniting of husband and wife in the one flesh union., fertility and procreation, and although man is aware of his/her sexuality, man is "free from the constraints" of his/her own body and sex.

Man is free from sexual instinct. He is the only one in creation who has the choice in his sexuality and fertility. Unlike animals, man has a conscience, and the freedom to choose as opposed to acting merely from instinct. This raises man to the level of being "in the image of God" in the sense of both man and animals, but more than the animals, to a level of the person and the communion between persons.

*Signature Wines of the World:
A Tutored Tasting Fundraiser*

May 9, 2015

7 pm to 9 pm

at Blessed Sacrament Parish Hall

24 Cheritan Avenue, Toronto M4R 1S4

Sommelier Jim Casey will lead us through a tasting of wines from around the world. Enjoy wine, the Silent Auction and more... Plus help the Natural Family Planning Association (NFPA) continue its valuable work!

Admission: \$25 single, \$40 couples

Reserve your spot, R.S.V.P.:

Linda Hazelden, Office Manager (416) 481-5465 (416) 481-5465, Cell
(647) 531-9457

email: officemanager@naturalfamilyplanning.ca

OR Rosierre Leka Mercieca, Office Administrator (416) 481-5465

email: nfptoronto@naturalfamilyplanning.ca

For more information [click here](#)

**Theology Of The Body I: A Head & Heart
Immersion**

JUNE 7-12, 2015

with Christopher West in Quarryville, Pennsylvania

**Theology Of The Body & Art: The Way Of
Beauty**

JUNE 21-26, 2015

with Bill Donaghy in Quarryville, Pennsylvania

[Click Here](#) to register online

For registration information, please contact Tess Akre, Program Assistant:
takre@tobinstitute.org or 215-302-8200 ext.102

"The Theology of the Body Institute offers a unique environment for



clergy, religious, and lay faithful to experience the gift Blessed John Paul II left the Church through his Theology of the Body.”

Pope Francis pays tribute to St. John Paul II

Pope Francis met with members of the John Paul II Foundation during an April 25 audience that took place in the Clementine Hall of the Apostolic Palace.

Paying tribute to St. John Paul II, who led the Church from 1978 to 2005, Pope Francis thanked the foundation for working to ensure “that the spiritual heritage of this holy Pontiff continues to fertilize the large field of the Church and to support her journey through history.”

St. John Paul’s “rich Magisterium of social doctrine” continues to be timely, Pope Francis added, as he praised the Foundation for its initiatives, particularly with youth.

[Click here](#) for the story.

Some of the feature movies:

- 40
- Francis: the Pope from the New World
- Gimme Shelter
- Heaven if for Real
- In her Footsteps: the story of Kateri Tekakwitha

There are many more, as well as other short films.

John Paul II: International Film Festival

September 2015 – Miami, FL

The 2015 Theme: THE RHYTHM OF LIFE

Official Selections include films from Canada, Ecuador, France, Germany, Iran, Mexico, New Zealand, Poland, South America, Spain, the UK, and the US, amongst others

To view a list of the Films [click here](#)

We are surrounded by a constant cycle of rhythm. At the earliest stages of life we are being comforted in the womb by the rhythm of our mother’s heartbeat. Growing older our body discovers the different rhythms around us; the wind against the trees, the traffic on the street, the ocean against the shore and we unveil the rhythms of life.

If our bodies respond so naturally to what is heard, how do our souls respond to the vibrations of that which is unheard? Why are we moved when we watch an inspiring film, observe a magnificent piece of art, stare down the summit of a mountain, or look upon the magnitude of the starry night? It’s because our rhythm has collided with another in a great dance. We have been penetrated by rhythmic grace through artistic beauty.

Gloria.tv

Theology of the Body, Session 1: Man and Woman He Created Them

On the Street Level

Fr Samuel Medley SOLT on May 4, 2012 This is the introduction and the first part, "Christ Appeals to the Human Heart."

[Click here](#) to watch the video

Pope John Paul II's Theology of the Body

A Cliff Notes' Version – by Fr. Roger J. Landry

Fr. Landry's "aim is to summarize accurately and clearly the central themes that the Holy Father examines in each of the sections.

This will help those who want to become familiar with the main ideas of the theology of the body to do so rather quickly — in 30 pages rather than 400 — as well as assist those who are already students of the theology of the body to have them presented in an annotated outline form to facilitate their passing on this Gospel of Human Love in the Divine Plan to others."

To read the ToB Cliff Notes in their entirety [click here](#)

*From
Archbishop Charles
Chaput:*

"I believe that this event has the power to transform, in deeply positive ways, not just the Catholic Church, but our entire community. This meeting is a valuable opportunity for the City and the Commonwealth to welcome all those with a generous heart to be part of this community event."

World Meeting of Families – 2015

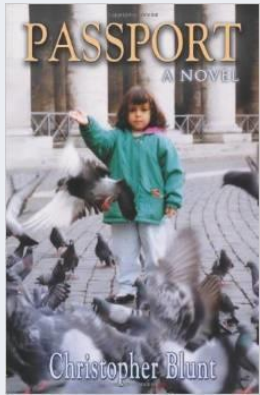
Archbishop Charles Chaput has confirmed that the Holy Father has accepted his invitation to the World Meeting of Families, taking place in Philadelphia in September of 2015!

SEPTEMBER 22-27th • 2015

On September 22-27, 2015!, Philadelphia will welcome the 8th World Meeting of Families, which is expected to draw a global audience. In June 2012, the 7th World Meeting, held in Milan, Italy, drew hundreds of thousands to the city with more than one million attending the Holy Father's Mass.

Since its inception by Blessed John Paul II in 1994, the World Meeting of Families has sought to strengthen the sacred bonds of family across the globe.

Please check back often for information on registering for the meeting and booking your stay in Philadelphia - [Click here](#)



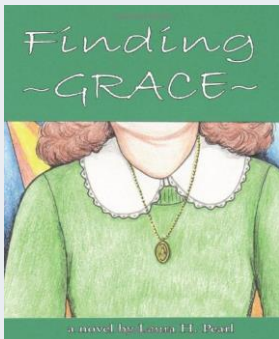
Recommended Reading

Passport by Christopher Blunt

Passport, winner of the 2009 Independent Publisher Book Awards bronze medal for Best Religious Fiction, is a coming-of-age story about a young man's discovery of self-sacrificial love. It is told through the eyes of Stan Eigenbauer, who is living a generally upright --- but comfortable and self-satisfied --- bachelor's life. When he meets a lovely young woman, he thinks he's found the one thing that was missing: a passport to "heaven on earth."

But then a serious lapse in judgment changes everything, and Stan faces a decision with no good options. He ends up making an unconventional choice that appears both heroic and suicidal. As the story progresses, and Stan struggles with the consequences of his unconventional choice, he grows more faithful to his commitments and more committed to his faith. And he discovers a depth of joy and happiness far beyond what he or we could have expected.

What a good idea!



Donate Catholic Books to Catholic School Libraries

Finding Grace by Laura Pearl

At the age of thirteen, Grace Kelly (who has been saddled with the name of a world-renowned beauty, but is far from one herself) is inspired by an offhand comment from her father to become a saint. But coming of age and falling deeply in love for the first time in the early 1970's-in the wake of the 60's "sexual revolution" and the historic Roe v. Wade decision-presents true challenges for young people who are trying to live chastely. Grace realizes that without the help of God, the Blessed Mother, and all the saints in Heaven, navigating the thorny path to sainthood would be an almost insurmountable task.

St. Joseph's Health Centre 30 The Queensway (Education Centre A, #1B 105A), Toronto - Initial presentation: 1st Tuesday, each month at 8 p.m.

St. Patrick Church 921



toronto.naturalfamilyplanning.ca

Flagship Dr.,
Mississauga - Initial
presentation: 2nd
Thursday, each month
at 8 p.m.

**Mary of the People
Church** 570 Marion
Ave., Oshawa - Initial
presentation: 2nd
Tuesday, each month
at 8 p.m.

*Natural Family
Planning is not only a
valuable tool for
married couples, but
all women can use it to
monitor their health.*

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in Humanae Vitae . We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.

Visit our website for
news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthemeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

To unsubscribe to this newsletter, reply back with this email to gsmlministry@gmail.com with unsubscribe in the body of your email.