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# God, Sex and the Meaning of Life

MAY 2016

VOLUME 49

**Note:** Email [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

**Don't forget to join our Theology of the Body Study Group:**

Every Monday morning from 9:30 am - 11:30 am at St. Bernadette's

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Parish Hall, 21  
Bayly St. Ajax

"But sanctify the Lord  
God in your hearts, and  
always be ready to give  
a defense to everyone  
who asks you a reason  
for the hope that is in  
you, with meekness and  
fear;" 1 Peter 3:15

*A Theology of the  
Body Workshop  
would help your  
parish or group  
grow in the  
knowledge of their  
Faith.*

Let's give our teens an  
opportunity to discover  
the truths.

Contact: Rose and Pat  
Heron at  
[roseheron@gmail.com](mailto:roseheron@gmail.com)

## We are now booking into 2016.

Toronto's Cardinal, Thomas Collins stated: [John Paul II] "His teachings, and especially his *Theology of the Body*, are a permanent gift of immense benefit to us all. I earnestly invite everyone to study prayerfully the teachings of Pope John Paul, especially the *Theology of the Body*. -We need very much in these days to deepen our awareness of the dignity of the human person, and Pope John Paul helps us to do that." - Address of Archbishop Thomas Collins - 32nd Annual Archbishop's Dinner, Oct 27, 2011

To read the full address [click here](#)

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## GSML News

### Theology of the Body Study Group

Our group will be studying, *Our Lady of Guadalupe: Mother of the Civilization of Love* by Carl Anderson, Supreme Knight of the Knights of Columbus and Eduardo Chavez. The authors trace the history of Our Lady of Guadalupe from the sixteenth century to the present, and discuss how her message was and continues to be an important catalyst for religious and cultural transformation.

Monday mornings from 9:30 to 11:30

St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax

Contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

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### Bible Study

The adventure continues: This fall we will look at ***Acts: The Spread of the Kingdom***, which explores the story of the Early Church in light of the Holy Spirit and demonstrates how this story is important for all Disciples of Christ.

Enrich and deepen your faith. Learn how the Church accomplishes the monumental task of teaching, preaching, healing and restoring outcasts with the Holy Spirit working with and through Her, and how you are also called to participate in the Kingdom of God.

It is a 20 week course which starts Sept. 14 (Wed mornings from 9:30 - 11:30) or Sept 16 (Friday evenings from 7:00 pm - 9:00 pm)

Cost is \$40 for the Study Guide.

St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax

**We have held over  
20 Theology of the  
Body for Teens  
Workshops and  
Classroom  
Sessions**

Contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

For more information about the program [click here](#)

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## **The Fight For Your Child's Soul**

Parents – the battle is not over. You need to equip yourself with the tools to help your child resist the pull of the world and put on the armour of God.

Here are some workshops that help you equip your child against the world's message of morbidity:

### **For Parents:**

- **Guiding Your Child Through the Sexual Minefield**

This parent workshop covers all ages from Toddlers to Teens with the final talk on dating.

- **Girl Talk**

This workshop is for mothers and daughters and provides information on the fundamentals of young girls' cycles in the presence of their mothers. It facilitates mother-daughter communication in this delicate area and supports parents in their task of educating their daughters in Christian sexuality.

### **For Children and Teens**

**Parents** you can encourage the school to invite us to your child's school or ask your pastor to plan one of these workshops in your parish

- **Theology of the Body for Grade School—Gr 6-8**

This program uses a dynamic mix of stories, real-life examples, activities, prayers, and relevant references to the culture, all packed into eight life-changing lessons.

- **Theology of the Body and Confirmation**

The goal of the workshop for those approaching confirmation is to reinforce the teaching on the Gifts of The Holy Spirit and the good that comes from them, and how we act them out in the language of our bodies to live a life of chastity.

- **Theology of the Body for Teens**

Using a great mix of stories, real-life examples, activities, prayers, and references to the culture that teens understand, this program takes the two hottest topics on the planet—God and sex—and "marries" them through Pope John Paul II's compelling vision for love and life

### ***For Young Adults***

- ***Theology of the Body for Young Adults***

In this powerful five-part study video for young adults, popular author and presenter Christopher West lays out a convincing and refreshing road map to living a life of freedom. The concepts presented in this study will change everything, including your worldview.

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*"May our whole lives be one of praise to the glory of God, now and forever."*

## **Faith, Finance and Self-Knowledge: A Catholic Young Adult Seminar**

Saturday, May 7, 2016 8:30 am to 4:15 pm

St. Gabriel's Passionist Parish

670 Sheppard Ave. E., North York

Join us for our young adult seminar as we explore how to integrate our Catholic faith in everyday life! If you have always wondered how you can be more involved in the growth of your spiritual life, this is definitely a seminar you don't want to miss.

Guest Speakers: Fr. Brando Recana, CP, Quentin Schesnuik and Rose Heron.

**COST:** \$15 (lunch included)

**POSTER:** <http://bit.ly/faithfinance>

**REGISTRATION:** [pauline.susanto@gmail.com](mailto:pauline.susanto@gmail.com)

*"The body is for the Lord and the Lord is for the body" 1 Cor 6:13*

## **Theology of the Body is the Answer**

ToB Training for Teens, Young Adults, Parents, Teachers, Caechist

**PRESENTER: Sr. Helena Burns, fsp**

Why is John Paul II's life-changing teaching "The Theology of the Body" the

answer to today's hottest issues?

Theology of the Body IS the New Evangelization and...the New Catechesis!

Today's culture is all about the body, beauty, sex, love & relationships. Did you know that God and the Church are, too?

When the Church doesn't evangelize the culture, the culture evangelizes the Church. Know your stuff.

5 Saturdays: starting Saturday, April, 23 & 30 and Saturday, May, 7, 14 & 28 from 10 a.m. to 4 p.m. Bring your own Lunch

The course will take place in the hall of Emmanuel Reformed Church, located at 401 Rossland Rd. W. in Whitby.

Sponsored by: Durham Concerned Parents (Material appropriate for mature 13+

Cost: \$35 (\$50 couples/families) Teens: free

Registration on-line by contacting Sr. Helena at:

[rhelenaburns@gmail.com](mailto:rhelenaburns@gmail.com) 416-781-9131 x226

Or contact: [durhamconcernedparents@gmail.com](mailto:durhamconcernedparents@gmail.com) 905-666-2386

## The Faith Explained Conference

### *Search and Rescue*

How to bring your family and friends into-or back into-the Catholic Church

#### **Speakers:**

Patrick Madrid

Cardinal Thomas Collins

Cale Clarke

**When:** Saturday, June 18, 2016

10 am to 4:30 pm

**Where:** St. Joseph's Secondary School

5555 Creditview Rd, Mississauga

**Tickets:** [Click here](#)



## Mercy In Our Lives

**St. Isaac Jogues Parish is pleased to offer a 1 day Mission with the well-know Missionary Preacher, Father Paul Nicholson on Saturday, May 7, 2016.**

The day begins with the morning Mass at 8:30 am and concludes with Benediction at 2:30p.m.

A simple snack will be provided after morning Mass. Please bring your own lunch.

**To register call Rose 905-420-3264 - OR e-mail your name and phone # to [sijc.cwl.events@gmail.com](mailto:sijc.cwl.events@gmail.com) Free-Will Offering requested.**

Singles, engaged couples, married couples, and youth 18+ are encouraged to attend.

## "Discovering the Master Plan for your Life"

### MERCIFUL REDEEMER PARISH

2775 Erin Centre Blvd., Mississauga, ON L5M 5W2

A 4 week DVD presentation & discussion series beginning after Easter

**Tuesdays 7:30pm to 9:30pm**

**May 3th to May 24th 2016**

Cost \$20 per person (includes workbook) or \$25 per couple

For information and pre-registration, contact:

Anthony Mendes 416-302-4253

Melvin Maraques [marquesm2020@gmail.com](mailto:marquesm2020@gmail.com)

Tod Markelj [TOB@bell.net](mailto:TOB@bell.net)

*"Darkness can only be scattered by light, hatred can only be conquered by truth."*

Pope John Paul II

## Liberating a Continent: John Paul II and the Fall of Communism

**One man's belief that culture conquers all**

By [Evan Boudreau, The Catholic Register](#)

The main driving force of history is neither politics nor economics but rather the culture in which these human conditions exist, or so thought a pope who witnessed the phenomenon first hand.

"John Paul II viewed culture not politics and economics as the most important

factor driving history,” said David Naglieri, director and writer of the documentary *Liberating a Continent: John Paul II and the Fall of Communism*. “John Paul II said that if Poles would be sovereign in their identity, then even if they are ruled by the communists, they are still going to be free from these communists.”

To read more [click here](#)

For information about the film click here: <http://jp2film.com/>



## Our Lady of Guadalupe & the Hidden Link with the Theology of the Body

In this special event, you will learn:

- Why St. John Paul II named Our Lady of Guadalupe “Protectress of the Americas”;
- Why Our Lady chose to appear to an Aztec culture mired in a culture of death;
- Why conversions to Christianity spread like wildfire across the country;
- How the apparition and tilma reveal in a stunning way the theology of our bodies;
- Why the message of Our Lady of Guadalupe is as urgent today as it was nearly five centuries ago, and how the Theology of the Body is the antidote to today’s culture of death.
- What it means to be “people of the image.”

To listen to the online discussion [click here](#)

<http://corproject.com/OLGWebinar/>

## JPII & TOB on Cosmo’s SNAPCHAT?!

“You are never going to believe this. Guess what COSMOPOLITAN MAGAZINE posted on Snapchat the other day! A THEOLOGY OF THE BODY REFERENCE.

Get this. Cosmo’s Snapchat Story featured an article titled, “I’m waiting until marriage – This is what my dating life is like”

Way to go, “Sara\*, 22”! Love seeing St. John Paul II and Theology of the Body in the mainstream!”

To read the article [click here](#)

## Heroic Catholicism

## **Tim Staples and Tanya Granic Allen in Toronto**

On May 28<sup>th</sup>, join [Catholic Answers](#) Director of Apologetics and Evangelization and world renowned Catholic apologist, author and speaker [Tim Staples](#) and writer, blogger, speaker and media commentator, [Tanya Granic Allen](#).

Never before in history have Christians had to live their faith in such a heroic manner since the time of the early Church. It is vital for our salvation and the spread of the Gospel that we start living heroic Catholicism. As Bishop Jenky said *"We can no longer be Catholics by accident, but instead Catholics by conviction."*

You are invited to join us in what is going to be another amazing day filled with prayer, faith and fellowship. In a world where it is increasingly difficult to practice our faith, the world and the Church requires people to practice heroic Catholicism.

We will discuss moral clarity in a world of grey, 5 non-negotiables, couch potato Catholics, men and women being fed lies, and Catholics and the culture wars.

**Featuring:** Guest Speaker [Tim Staples](#) and [Tanya Granic Allen](#)

**Location:** Canada Christian College, 50 Gervais Drive, Toronto (Don Mills & Eglinton)

**Date:** Saturday May 28, 2016

**Schedule:** 9:00AM – 4:00PM (For a detailed schedule [click here](#))

Parking is FREE on site (first come first served). Lunch is available at venue for \$6.

Register at [info@serviamministries.com](mailto:info@serviamministries.com) to ensure a spot

## Applying Theology of the Body to Societal Problems

A deeper understanding of our bodies' physical and spiritual dimensions can shed light on the harmful, distorted views of society

By Emily Stimpson OSV Newsweekly

The theology of the body is not just a theology for Marriage Encounter weekends, Pre-Cana classes or high school classrooms. It's also a theology for the public square.

Seriously.

Of course, Pope John Paul II's collection of teachings has a lot to say about sex and sexuality. When it comes to communicating the Church's understanding of marital love and intimacy to contemporary culture, the theology of the body has been a game-changer, helping countless people grasp for the first time the sacredness and power of giving one's body to another.

To read the rest of the article [click here](#)

Celebrating Five Years, the John Paul II Inter-Faith Film Festival (JP2IFF) is the first interfaith, international film festival of its kind! The JP2IFF invites filmmakers and audiences alike to rediscover quality filmmaking and monumental performances that elevate society.

## John Paul II International Film Festival – 2015

- **Ink 180**  
Chris Baker works to remove the ink from people who are locked in battles for their lives
- **Jerome Lejeune : To the least of these my brothers & sisters**  
A doc about the founder of the cause of Down Syndrome and his scientific defense for life.
- **John Paul II in America: Uniting a Continent**  
A doc that explores how John Paul II left an indelible mark on the American continent.
- **Masterless**  
This modern day telling of a Ronin warrior reveals an ancient battles that rages within us all.
- **Media Apostle: The Father James Alberione Story**  
The story of a priest who loved our media world and founded the Pauline

Family.

- **Taste and See**  
The remote areas of West Papua witness a revival fire of the Father's love.
- **The Descendants**  
Jacob travels to Sweden to look for his missing son from Iran in this inspiring feature.
- **Where Was God? Stories of Hope After the Storm**  
Four families lives change after tragedy and see that through life's storms God is always near.

For more information [click here](#)

## Recommended Reading

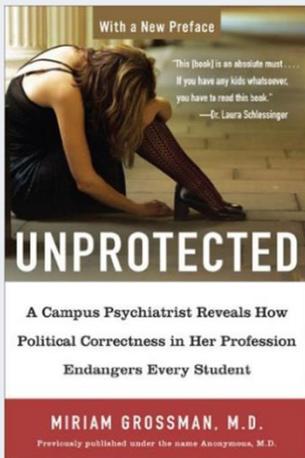
### ***Unprotected: A Campus Psychiatrist Reveals How Political Correctness in Her Profession Endangers Every Student***

by [Miriam Grossman](#)

Our campuses are steeped in political correctness that's hardly news to anyone. But no one realizes that radical social agendas have also taken over campus health and counseling centers, with dire consequences.

Psychiatrist Miriam Grossman knows this better than anyone. She has treated more than 2,000 students at one of America's most prestigious universities, and she's seen how the anything-goes, women-are-just-like-men, safer-sex agenda is actually making our sons and daughters sick.

Dr. Grossman takes issue with the experts who suggest that students' problems can be solved with free condoms and Zoloft. What campus counselors and health providers must do, she argues, is tell uncomfortable, politically incorrect truths, especially to young patients in their most vulnerable and confused moments. Instead of platitudes and misinformation, it's time to offer them real protection.

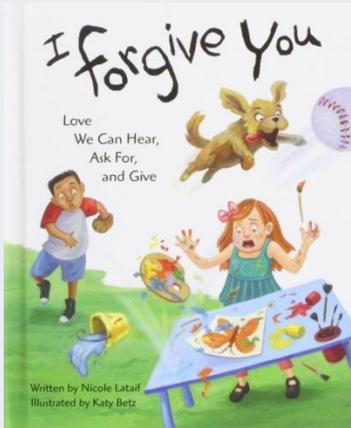


**What a good idea!**

## Donate Catholic Books to Catholic School Libraries

***I Forgive You: Love We Can Hear, Ask For and Give***

**Give a child in your life the gift of forgiveness!**



Award-winning author, Nicole Lataif, and whimsical illustrator, Katy Betz, bring kids ***I Forgive You: Love We Can Hear, Ask For and Give*** published by Pauline Books and Media.

Forgiving is one of the most difficult things to do, even for the most faithful Christians. How can we teach young children to embrace and share the healing power of forgiveness? ***I Forgive You*** helps children choose forgiveness by encouraging them to be ready to hear, ask for, and say, "I forgive you."

***I Forgive You*** uses kid-friendly text and images to communicate the most difficult concepts of forgiveness, such as grace, anger, contrition, redemption, and reconciliation. ***I Forgive You*** brings forgiveness to life, using vivid analogies that offer concrete and clear actions for kids to take.

Children will also learn that forgiveness does not require that we accept abusive behavior or sustain unhealthy relationships. In these cases, children are encouraged to walk away, pray, and forgive from afar.

**St. Joseph's Health Centre** 30 The Queensway (Education Centre A, #1B 105A), Toronto - Initial presentation: 1st Tuesday, each month at 8 p.m.

**St. Patrick Church** 921 Flagship Dr., Mississauga - Initial presentation: 2nd Thursday, each month at 8 p.m.

**Mary of the People Church** 570 Marion Ave., Oshawa - Initial presentation: 2nd Tuesday, each month at 8 p.m.

*Natural Family Planning is not only a valuable tool for married couples, but all women can use it to monitor their health.*

## Basic and Upskilling Training Program

The student teacher is first taught the essential principles of teaching simply at the level of the learner couple. The Program then proceeds to the scientific explanation of the woman's recorded patterns, to which rules for achieving or avoiding pregnancy are applied. These rules apply to every circumstance of a woman's reproductive life. Knowledge of the scientific background, including hormonal patterns and the responses of the cervix, endometrium and other parts of the woman's reproductive system, can provide explanations for each woman's record.

The knowledge of what is normal and recognition of a departure from the normal is included in the course, so that a trained teacher can recommend medical management when an abnormality presents itself.

This program is used for the training of teachers by all Affiliates. To contact the WOOMB Affiliate in your country to find out details of their next Teacher Training Program, please click here.

Or contact Natural Family Planning Association at [toronto.naturalfamilyplanning.ca](http://toronto.naturalfamilyplanning.ca)



*Natural Family  
Planning Association*

[toronto.naturalfamilyplanning.ca](http://toronto.naturalfamilyplanning.ca)

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in *Humanae Vitae*. We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

## **God, Sex and the Meaning of Life Ministry**

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

**Contact information:** [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

[www.godsexandthemeaningoflife.com/](http://www.godsexandthemeaningoflife.com/)

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

To unsubscribe to this newsletter, reply back with this email to [gsmministry@gmail.com](mailto:gsmministry@gmail.com) with unsubscribe in the body of your email.