



God, Sex and the Meaning of Life

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VOLUME 52

Note: Email gsmlministry@gmail.com to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

Don't forget to join our Theology of the Body Study Group:

Every Monday morning from 9:30 am - 11:30 am at St. Bernadette's Parish Hall, 21

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Bayly St. E. Ajax

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;" 1 Peter 3:15

A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.

Let's give our teens an opportunity to discover the truths.

Contact: Rose and Pat Heron at roseheron@gmail.com

We are now booking into 2017.

Toronto's Cardinal, Thomas Collins stated: [John Paul II] "*His teachings, and especially his Theology of the Body, are a permanent gift of immense benefit to us all. I earnestly invite everyone to study prayerfully the teachings of Pope John Paul, especially the Theology of the Body. -We need very much in these days to deepen our awareness of the dignity of the human person, and Pope John Paul helps us to do that.*" - Address of Archbishop Thomas Collins - 32nd Annual Archbishop's Dinner, Oct 27, 2011

To read the full address [click here](#)

GSML News

Theology of the Body Study Group

Our group will be studying, *Our Lady of Guadalupe: Mother of the Civilization of Love* by Carl Anderson, Supreme Knight of the Knights of Columbus and Eduardo Chavez. The authors trace the history of Our Lady of Guadalupe from the sixteenth century to the present, and discuss how her message was and continues to be an important catalyst for religious and cultural transformation.

Monday mornings from 9:30 to 11:30

St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax

Contact: gsmlministry@gmail.com

Bible Study

The adventure continues: This fall we are looking at ***Acts: The Spread of the Kingdom***, which explores the story of the Early Church in light of the Holy Spirit and demonstrates how this story is important for all Disciples of Christ.

Enrich and deepen your faith. Learn how the Church accomplishes the monumental task of teaching, preaching, healing and restoring outcasts with the Holy Spirit working with and through Her, and how you are also called to participate in the Kingdom of God.

It is a 20 week course which started Sept. 14 & Friday Sept 16. Please join us Wednesday mornings from 9:30 am – 11:30 am OR Sept 16 (Friday evenings from 7:00 pm – 9:00 pm)

Purchase of the Study Guide is Optional at a cost is \$40.

**We have held over
20 Theology of the
Body for Teens
Workshops and
Classroom
Sessions**

St. Bernadette's Parish Hall, 21 Bayly St. E. Ajax

Contact: gsmlministry@gmail.com

For more information about the program [click here](#)

Apologetics

Apologetics means giving a reasoned explanation for your faith. A Catholic apologist charitably explains and defends Catholic doctrine using Scripture, history and common sense.

Join us the 4th Saturday (after the 9:00 a.m. Mass) of every month for an opportunity to learn to explain your faith clearly, defend it charitably, and share it confidently.

Nov. 26

Cancelled due to church hall renovations

Jan 28

"Why Do I Need The Church"?

In his DVD, Dr. Edward Sri looks at why people say they like Jesus but don't need a church. He teaches why we can't fully love the King but reject His Kingdom and how Christ did not save us as individuals, but calls us to enter the communion of the Church

Let's Get Going

Teachers

Wondering what the Theology of the Body is all about and how it can help your school and students' lives? NOW is the opportunity to plug in and find out. Embrace the New Evangelization and make a difference in your class and school.

Take the time to invite our group, GSML Ministry (Archdiocese of Toronto approved) into your classroom for 12 weekly sessions using the Theology of the Body for Teens program. You, will experience it along with your students and therefore be prepared to teach and use the material next semester.

Just think 12 classes, once a week where you sit, observe and participate as you like and learn new material. See the [article](#) below from the Diocese of Pembroke to see how one group put this into effect in their school.

We have been in several schools in the Toronto Archdiocese and have effectively brought the Theology of the Body to their students. Because their teachers took on the responsibility of this message, one school went from Pro-choice to **Pro-life**. The whole fabric of the student body change.

You can make the difference in your school.

For more information contact Tom at 905-427-6137 or gsmlministry@gmail.com

Parents

We can no longer sit back and leave sex-ed up to the schools; the government program is focused on society's views of sex. Chastity, abstinence, and other Catholic teachings are not taught.

You must join the fight for YOUR child's soul. Encourage your schools to have the Theology of the Body programs taught in them, both Secondary and Elementary School. Encourage your parish to run these programs.

We have the tools that you need to equip yourself and your child to resist the pull of the world.

Contact Tom (905-427-6137) regarding programs and workshops we can run in your schools or parishes. Or email gsmlministry@gamil.com

You can make a difference.

Pastors

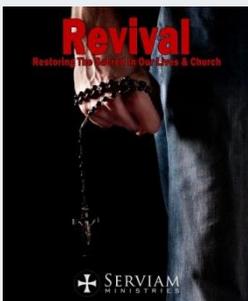
The hardest thing is to talk about sex and while we don't in our Theology of the Body programs and workshops, we do talk about the Church's teaching on morality. We give parents tools that can help safeguard their children and themselves against the influences of society.

Make a difference in your parish life.

One program you might consider is:

- ***Girl Talk***

This workshop is for mothers and daughters and provides information on the fundamentals of young girls' cycles in the presence of their mothers. It facilitates mother-daughter communication in this delicate area and supports parents in their task of educating their daughters in Christian sexuality.



Revival

Restoring the Sacred in Our Lives and Church

The world is in dire need of a Christian revival. We live in a consumeristic society where nothing is sacred anymore but rather something to be consumed and thrown out. Sadly, this mentality has even entered our churches and lives.

It is time for a revival – a Christian revival! It is time to take a stand and restore the sacred in our lives and in our churches.

Only from God, through His saints on earth, does true revival come. Will you join the spiritual revival?

Featuring: Guest Speakers **Fr. John Zuhlsdorf (aka "Fr. Z")** and **Stephanie Gray**

Location: Canada Christian College, 50 Gervais Drive, Toronto (Don Mills & Eglinton)

Date: Saturday November 5, 2016

Schedule: 9:00AM – 3:00PM (For a detailed schedule [click here](#))

Parking is FREE on site (first come first served). Lunch is available at venue for \$6.

All info and to purchase tickets: www.ServiamMinistries.com/events/revival/, info@ServiamMinistries.com or 1-888-522-2070.

Pre-Theology of the Body Training

Removing blocks, obstacles & -isms so we can hear the Gospel of the Body!

Dec 26-29, 2016

9:30 – 4 pm

\$40 Per person/married couples

Youth under 18 - free

Speaker: Sister Helena Burns, fsp

Pauline Books & Media
3022 Dufferin St. Toronto
(near Lawrence W subway)

For more information [click here](#)

This site is full of links to help teachers and parents teach their pre-teen all about Theology of the Body.

8th GRADE RESOURCES for ToB

- Introduction
- Chapter 1 – Who am I? Discovering My True Identity
- Chapter 2 – Our Story: God's Plan, Human Sin, Jesus' Love
- Chapter 3 – Me, Myself, and I: Body and Soul
- Chapter 4 – How Should I Act?
- Chapter 5 – Sex, Love, and Chastity
- Chapter 6 – To Use or Not to Use? That is the Question: The Opposite of Love
- Chapter 7 – Vocation: God's Call, My Response

- Chapter 8 – Hope and Future: Daily Living Out the Language of the Body
- Conclusion

<https://catholicreligioneacher.com/theology-of-the-body/>

Humans different from all other creatures, Pope says

Pope Francis met with the Italian Biblical Association on the occasion of National Bible Week about their work. He made the point that consumerism and idolizing material things degrades us.

ROME - Created in the image of God, human beings have a dignity they are in danger of degrading when they place material possessions above God in their hearts, Pope Francis said Thursday.

"Reflect on how we are created, formed in the image and likeness of the Creator, the difference with other creatures and with all creation is essential," Pope Francis said during an audience with the Italian Biblical Association Sept. 15.

"This helps us to understand the dignity that we all have, men and women, dignity which has its roots in the same Creator."

To read the full article [click here](#)

Single-hood – Totus Tuus Women's Conference Cliff Notes Totus Tuus

Inspired by Saint John Paul the great's Theology of the Body

We live in a society whose culture makes marriage seem like the be-all and end-all; as if being single is a disease that is cured by having a man – even a church marriage is usually elevated as the better vocation albeit unintentional I'm sure. This leads to us being very discontent with our season of single-hood. How do we then deal with single life and the unique challenges it brings, and yet not feel as if we are failing the very core of our beings by not

being married yet? How do we prepare for a married life – or not in case the season is longer than expected? We wonder how do we *wait* till marriage? The decisions we make now and habits we form will affect our future marriages and the men we marry, how do we not make the wrong ones?

Emily Stimpson proposes 3 principles to live by:

1. *Holiness* not our husbands is the goal of our life
2. God has something for us to do right now and he expects us to do it well
3. The means for joy in life are always sufficient

Includes two video talks:

Emily Simpson as she gives this amazing talk on her book *The Catholic Girl's Survival Guide for the Single Years* (54 minutes)

Poem by Janette...IKZ "I will wait for you"

And several Internet articles and an ebook:

- Beth Knobbe on US Catholic -> [Flying Solo: Life as a Single Catholic](#)
- Melinda Selmys' post on Patheos -> [Married to St. Raphael: Why so many good Catholic girls stay single](#)
- Greg and Lisa Popcak on CatholicMatch -> [Are You Dating On God's Time or Your Time?](#)
- Therese Aaker's post on Focus -> [This Is What Really Holds You Back In Dating](#)
- An ebook from the Knights of Columbus -> [Dating: A Practical Catholic Guide by Jason E King](#)

To read more [click here](#)

Chesterton wrote, "When men choose not to believe in God, they do not thereafter believe in nothing, they then become capable of believing in anything."

'We can never compromise the truth' on gender: English bishop

SHREWSBURY, England, October 12, 2016 (LifeSiteNews) — While the Catholic Church must minister to people with real psychological confusion over their sexuality, it "can never compromise the truth" that our gender and sexuality are God-given and flow directly from our biological bodies, Bishop Mark Davies of Shrewsbury told educators in parishes and private Catholic

schools in his diocese.

Once described by the Catholic Herald as “probably the most passionately orthodox bishop in England today,” Davies echoed the great English Catholic apologist G.K. Chesterton in stating, “I have often warned that, in that vacuum left by the loss of Christian faith within contemporary society, new ideologies would emerge.”

To read the full article [click here](#)

Love & Marriage: Theology of the Body Course

By Fr. Michael Nixon

from [Saint Dominic Panama City](#)

- **Theology of the Body - Day 1 - Part 1**
<https://vimeo.com/181064848>
- **Theology of the Body - Day 1 - Part 2**
<https://vimeo.com/181244790>
- **Theology of the Body - Day 2 - Part 2**
<https://vimeo.com/182419305>
- **Theology of the Body - Day 2 - Part 1**
<https://vimeo.com/182414079>
- **Theology of the Body - Day 3 - Part 1**
<https://vimeo.com/183314610>
- **Theology of the Body - Day 3 - Part 2**
<https://vimeo.com/183315817>
- **Theology of the Body - Day 4**
<https://vimeo.com/184366211>

How Moms Can Raise Boys to Become Great Catholic Men

Through sound principles, strong parenting, true friendship, constant prayers, and the gift of God’s grace, all of our sons have the ability to be the strongest — and holiest — men in the world.

by Leila Miller

-It's no secret that Catholic moms are filled with anxiety these days, facing down a sex-obsessed society designed to undo all the sound Catholic teaching and virtue training we try so hard to instill in our children. Moms of boys are especially worried, as the culture of ubiquitous pornography is set to snare them at every turn.

What's a mother to do?

As a veteran mom of eight children, six of them boys, I have spent the last few years trying to instill hope and confidence in my fellow Catholic mothers. Raising chaste Catholic boys and men is more than possible, even in this confused culture, and the tips I offer you here are expanded upon in my book, *Raising Chaste Catholic Men: Practical Advice, Mom to Mom*.

First, there are three basic rules I follow when raising up faithful kids:

1. Moral formation is the top priority. On the list of what is truly important, it comes above and before educational concerns and career goals, extracurricular activities, social considerations, cultural experiences and travel — everything.
2. Our Catholic beliefs need to make sense to our children. When the world and all its suffering, sin, goodness, joy, and chaos has a context that makes sense to a child, he will be confident and secure. This is a huge key to keeping your child Catholic.
3. Nothing is off limits for discussion. And I do mean nothing. We want our sons to come to us with all the uncomfortable and even cringe-worthy questions, and we must not lose our peace when they do. If we recoil from honest questions, our boys will avoid approaching us in the future and will go elsewhere for their answers: to their peers, to the internet, or to other adults who may not share our Catholic worldview.

To Read more [click here](#).

I Am Happily Married to God — As a Consecrated Virgin

Yes, I'm celibate. No, I'm not a nun.

By Carmen Briceno, as told to Lisa Marie Basile

One August morning, I walked to the front of the church in my white gown, nervous and excited. Family and friends stood in the pews of Queen of Apostles in Alexandria, Virginia. They smiled and wiped tears. The bishop began the ceremony. I was getting married — not to a man, but to Jesus.

It's been seven years since I became a consecrated virgin. Since I was a young girl, I assumed I'd marry and probably have children. And in a way, I was right: I'm one of the estimated 3,500 women in the world [who are wed to God](#). I'm not a nun, nor do I live in a convent, contrary to what people may think. But I am, and have always been, celibate.

To read the article [click here](#).

Recommended Reading

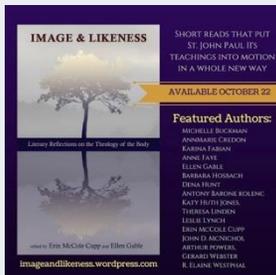
Image and Likeness: Literary Reflections on the Theology of the Body

by [Ellen Gable Hrkach](#)

St. John Paul II ever summarized his Theology of the Body, it may have been when he said, "Man cannot fully find himself except through a sincere gift of himself." But how does this sincere gift look when lived out by human beings with all their failings? What happens to our humanity when we withhold that sincere gift? What does life require of us when we give most deeply?

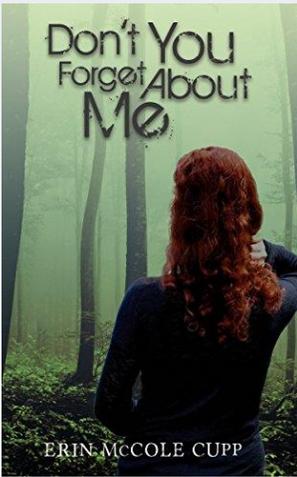
Full Quiver Publishing brings you this moving collection of poetry and prose, featuring some of today's brightest Catholic literary voices, including award-winning authors Dena Hunt, Arthur Powers, Michelle Buckman, Leslie Lynch, Theresa Linden, and many more. By turns edgy and sweet, gritty and deft, but always courageous and honest, the works contained in Image and Likeness explore countless facets of human love—and human failure. Readers of Image and Likeness will experience in a variety of ways how humanity, in flesh as well as spirit, lives out the image and likeness of a God who created human intimacy to bring forth both our future and to illustrate our ultimate meaning as human persons.

With a Foreword by international Theology of the Body voice Damon Owen, Image and Likeness puts life and breath into St. John Paul II's Theology of the Body in ways that readers won't soon forget.



For more information [Click here](#)

What a good idea!



Donate Catholic Books to Catholic School Libraries

Don't You Forget About Me

by Erin McCole Cupp

Mystery / Suspense / Romance / Humor

A small town girl. Her old crush. A secret big enough to kill them both.

Winner of the Catholic Writers Guild Seal of Approval 2013 - "A funny, romantic heroine in the best tradition." Dena Hunt, *Treason* - "More layers than a cozy mystery deserves." Leslie Lynch, *Opal's Jubilee*

Mary Catherine Whelihan made it out of Walkerville alive once before. Can she pull it off this time? Bullies, sexual harassment, finding a corpse in the local creek.... Cate's childhood in 1980s Walkerville was murder! So what could possibly tempt her to return? A cryptic email from Eugene Marcasian, MD, her grade school crush, might do the trick. Can Cate and Gene find the cause of the mysterious illness afflicting nearly all of the girls in their graduating class, including Cate herself? Or will corporate bullies continue to take down anyone who gets in their way? More importantly, can Cate stay alive long enough to get one more slice of tomato pie?

St. Joseph's Health Centre 30 The Queensway (Education Centre A, #1B 105A), Toronto - Initial presentation: 1st Tuesday, each month at 8 p.m.

St. Patrick Church 921 Flagship Dr., Mississauga - Initial presentation: 2nd Thursday, each month at 8 p.m.

St. Mary of the People Church 570 Marion Ave., Oshawa - Initial

Natural Family Planning:

The Billings Ovulation Method™ is used by millions of couples around the world to understand and manage their fertility naturally. Our Natural Fertility Experts help you take the guesswork out of preventing pregnancy, and achieving pregnancy, you learn to identify your natural signals of fertility and infertility. It is *not* the old Calendar/Rhythm Method. There is no temperature taking involved. Instead of a "one-size-fits-all" approach, it works with each woman's unique patterns of fertility and infertility in all circumstances and all stages of reproductive life, even if you have irregular cycles, are under stress, breastfeeding, or approaching menopause. Learn to confidently prevent pregnancy without negative side effects. The Billings Ovulation Method™ is as effective as the Pill only Natural!

For couples having difficulty achieving pregnancy, give your baby-making a boost with the Natural Fertility experts! The Billings Ovulation Method™ provides you with the information you need, not just to regulate your fertility, but to monitor your reproductive health. The Billings Ovulation Method™

*presentation: 2nd
Tuesday, each month at 8
p.m.*

*Natural Family Planning is
not only a valuable tool
for married couples, but
all women can use it to
monitor their health.*

enables you to understand your body in a practical way. It works with your unique pattern of fertility and infertility so that you can recognize what is and isn't normal for you. This is knowledge that every woman ought to have. It is knowledge that YOU ought to have. The initial presentation to couples/women takes place at various locations across Toronto. After the initial presentation the couples/women have private follow-up consultations with their instructor. www.toronto.naturalfamilyplanning.ca

Or contact Natural Family Planning Association at toronto.naturalfamilyplanning.ca



*Natural Family
Planning Association*

toronto.naturalfamilyplanning.ca

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in *Humanae Vitae*. We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session

on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

Contact information: gsmlministry@gmail.com

www.godsexandthmeaningoflife.com/

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

To unsubscribe to this newsletter, reply back with this email to gsmlministry@gmail.com with unsubscribe in the body of your email.