

# God, Sex and the Meaning of Life

NOV 2019

VOLUME 70

**Note:** Email [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com) to book a Theology of the Body Workshop for your Parish or Group.

For more Information about GSML Ministry [click here](#)

**Don't forget to join our Theology of the Body Study Group:**

Every Monday morning from 9:30 am - 11:30 am at St. Bernadette's Parish Hall, 21

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**We are now booking into New Year of 2020.**

Toronto's Cardinal, Thomas Collins stated: "One crucial area is the Catechesis of Human Love, or Theology of the Body, developed by Blessed Pope John Paul II which, when widely offered, can greatly strengthen

*Christian family life, and the life of discipleship.” – Archdiocese of Toronto: Pastoral Plan, 2013*

To read the full article [click here](#)

**Bayly St. E. Ajax**

*"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;" 1 Peter 3:15*

**A Theology of the Body Workshop would help your parish or group grow in the knowledge of their Faith.**

Let's give our teens an opportunity to discover the truths.

Contact: Rose and Pat Heron at [roseheron@gmail.com](mailto:roseheron@gmail.com)

**We have held over**

## GSML News

**If you would like to have your Theology of the Body event published in this Newsletter, please remember the publishing dates of January, March, May, July, September and November. Please send us the information prior to these months.**

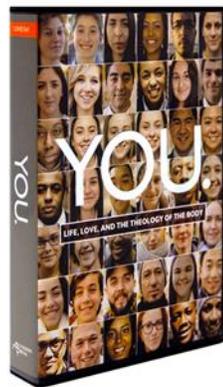
## Our Programs

**Teachers!!! Pastors!!! Youth Group Leaders!!!**

**Now is the time to arrange *YOU: Life, Love, and the Theology of the Body* course for your students or youth or young adults.**

In an age of "selfies" and egocentrism, *YOU* cuts through the noise to present an authentic view of the human person. It presents young people with the extraordinary story of their creation as unrepeatable individuals. But the program doesn't stop there.

*YOU: Life, Love, and the Theology of the Body* introduces teens to the truth that life is not, in fact, all about them; it is about going out of themselves to be a sincere gift for others.



Let us help facilitate the program, while you study the various aspects to increase your proficiency to present all or parts in the future, as we have done in several High Schools in both Durham and Toronto

Invite us in for 10 weeks and you will be surprised by the results.

***Identity. Gender. Love. Chastity.*** *The world is a difficult place for teens, and it has become increasingly hard for parents and educators to help teens discover the truth about their bodies, their sexuality, and their unique call to love.*

**We can do this together.**

## **23 Theology of the Body for Teens Workshops and Classroom Sessions**

**Contact Rose Heron** at 905-683-9055 or [roseheron@gmail.com](mailto:roseheron@gmail.com) to find out the details. It is presented at a very minimal cost.

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### **Theology of the Body Study Group**

At the present time we are studying the ***Catechism of the Catholic Church***, with an eye towards the **Theology of the Body**. Take this opportunity to learn about your faith. Bring your questions and we will find the answers together.

Please join us on Monday mornings, from 9:30 am to 11:30 am. in St Bernadette's church hall 21 Bayly St. E. Ajax. Hope to see you there.

Monday mornings from 9:30 to 11:30

St. Bernadette's Parish Hall, 21 Bayly St. E., Ajax

Contact: Tom or Susan Kennedy 905-427-6137 [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

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### **Bible Study**

St. Bernadette Church Hall, 21 Bayly St. E., Ajax

#### ***Follow Me: Meeting Jesus in the Gospel of John*** (Starting in January)

As the Good Shepherd, Jesus seeks after us. He comes to meet us and beckons us to follow him. He calls us to be his disciples, to trust him, to open ourselves to his merciful love, and to love others as he has loved us. Follow Me invites you to experience the joy of a renewed friendship with Christ.

At St. Bernadette's Parish in 21 Bayly St. E, Ajax, ON, beginning Wednesday, January 7, 2020, from 9:30 am to 11:30 am, or Friday January 10, from 7pm to 9 pm, and continuing for 8 weeks. (Study Guide \$40: optional)

Contact: [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

For more information about the program [click here](#)

**Important Note: If you would like help starting the Bible Timeline in your Parish, please feel free to contact us.**

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## Join the New Evangelization

We offer various workshops for **Every Body** including:

- *God, Sex and the Meaning of Life*—for adults
- Theology of the Body for Young Adults
- *Theology of the Body for Teens*—in school program or in the Parish
- *Theology of the Body for Grade School*—Gr 6-8
- *Guiding Your Child Through the Sexual Minefield*
- *Theology of the Body and Confirmation*
- *Girl Talk*
- *Marriage Preparation and Theology of the Body*
- *Theology of the Body in the Classroom*
- *Training on the Theology of the Body*
- *Retreats on the Theology of the Body*

***We can custom tailor any Workshop for your Group.***

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**Did you know that God, the Church, the Bible, Creation and Science are all saying the same thing?**

## Theology of the Body is the Answer

Free event Nov 12 7 pm – Sr. Helena Burns, fsp, speaker

Did you now that God, the Church, the Bible, Creation & Science are all saying the same thing about what's good for our bodies and souls, our physical, spiritual and relationship health?

Sr. Helena Burns, fsp, will be doing a brief overview of John Paul II's compressive "Theology of the Body," what it means for our lives and how it's the answer to all of today's hot button issues.

St. Anne Church 115 Vodden St. E. Brampton.  
(sponsored by the Knights of Columbus)

**Video Recordings of the HV50 Clergy Day:**

## Illuminating the Hearts of the Faithful

***Celebrate the 50th Anniversary of Humanae Vitae***

What does it mean to be Faithful to God's Design 50 years after *Humane Vitae*, arguably the most controversial encyclical in the history of the Catholic Church? What is the role of *Humane Vitae* in the new

evangelization, and what is the responsibility and role of clergy? Ten experts inform and inspire priests, deacons, and seminarians to dedicate with renewed vigor and confidence, their vital role in sharing the beauty of these truths, and the good news of chastity, to those they minister to—  
*"Since man cannot find true happiness for which he yearns with his whole being, unless he respects the laws inscribed in his nature by God."* Pope Paul VI, *Humanae Vitae*.

To watch the videos – [click here](#)

This website has many resources to help people with addictions.

## Create in Me a Clean Heart

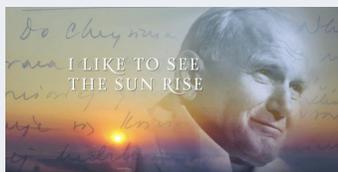
### A Pastoral Response to Pornography

#### "Create in Me a Clean Heart: A Pastoral Response to Pornography"

Bishop Richard J. Malone of Buffalo, then-chairman of the Committee on Laity, Marriage, Family Life and Youth, which directed the statement's development, said: "My brother bishops' approval of this statement shows our collective concern for the widespread problem of pornography in our culture today. As the statement says, virtually everyone is affected by pornography in some way. So many people –including within the Church—are in need of Christ's abundant mercy and healing. My hope is that the statement can serve as a foundation and catalyst for increased pastoral attention to this challenge at the national and local level."

- "The Role of Priests in Ministry to Those Who Struggle with Pornography"
- "Raising Chaste Children in a Pornographic World,"
- "Pornography's Effects on Marriage and Hope for Married Couples,"
- "Wash Me Thoroughly": Healing from Pornography Use and Addiction

To find out more [click here](#)



## New film looks into St. John Paul II's Theology of the Body

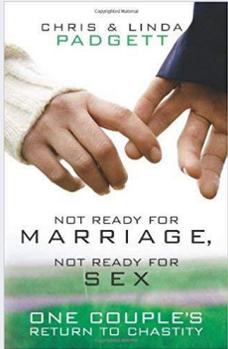
ROME - A new documentary chronicles the thought of Pope Saint John Paul II, tracing how his Polish roots helped shape the global Catholic Church.

The film, "I Like to See the Sun Rise," received an advanced screening at the Angelicum on Thursday where Polish director Paulina Guzik said that while Poles may be proud to claim the late pope as their own, he is a saint of the universal Church.

To read more [click here](#)

<p><i>" Love is not only hindered when we live selfishly, but also when we stop living chastely. "</i></p>	<h2>Speaking Out: YOU program puts love in a new light</h2> <p>Teens in the Ontario's Diocese of Pembroke are learning about love and sexuality in a radically different way than might be expected in today's culture.</p> <p>As people designed for love, the Catechism teaches that our sexuality involves so much more than just our bodies; it includes our entire life, identity and vocation. In the midst of a world that sees sexuality in a more shallow sense, Pope Francis is calling all young people to be fearless missionaries, and living chaste and loving lives is an important place to start.</p> <p>Each year in the Pembroke diocese, Grade 9 students are introduced to "YOU," a course created by Ascension Press. It is based on St. Pope John Paul II's teachings on sexuality, called Theology of the Body.</p> <p>To read the article <a href="#">click here</a></p>
<p><i>From the Catholic Diocese of Lansing</i></p>	<h2>Theology of the Body Resources</h2> <p>Many different types of resources can be found <a href="#">here</a>:</p> <ul style="list-style-type: none"> <li>• Book Studies of the Theology of the Body</li> <li>• Relevant Church Documents</li> <li>• The Theology of the Body DVD/CD Series Studies</li> <li>• Organizations dedicated to publishing TOB resources</li> </ul>
	<h2>MORE2LIFE</h2> <p>Dr. Greg and Lisa help listeners navigate the waters of family life with solutions straight from the genius of JP II's Theology of the Body.</p> <p>To listen to their Podcasts <a href="#">click here</a></p>
<p><b>A must for all Catholic Parents and Educators</b></p>	<h2>Free Gender Resource Guide</h2> <p>Simple, colorful--will educate you &amp; your youth to gender indoctrination &amp; how to respond. (Full of stats/studies)</p> <p>FREE DOWNLOAD! <a href="http://genderresourceguide.com">http://genderresourceguide.com</a></p> <ul style="list-style-type: none"> <li>• Help you understand the consequences of the transgender trend</li> <li>• Consider the implications of transgender activism and "gender inclusion" policies in schools</li> </ul>

	<ul style="list-style-type: none"> <li>• Explain what your parental rights are and give you the tools to protect your child’s constitutional privacy and First Amendment rights</li> <li>• Encourage parents and school officials to work together to create a respectful school environment</li> <li>• Help you communicate with your school officials and advocate for common sense policies that will respect the dignity of all students</li> <li>• Give tips on creating community and support among like-minded parents</li> </ul>
	<h2 style="text-align: center;">God Alone! A New Year's Approach to Mary and the Theology of the Body</h2> <p>Take a fresh approach to a new year by looking at how Mary and the Theology of the Body show us our ultimate human destiny and happiness in heaven. Recorded on the feast of the Epiphany, this wonderful "coincidence" allows for an even more profound understanding of the body revealing God and as the only human means for expressing love.</p> <p><a href="#">Click here</a> to listen to the talk by Katrina Zeno</p>
<p><i>Finally, a religion curriculum for our time.</i></p>	<h2 style="text-align: center;">ROOTED: Theology of the Body</h2> <h3 style="text-align: center;">K-12 Curriculum</h3> <p><b>Age-appropriate teaching inspired by the masterwork of St. John Paul II.</b></p> <ul style="list-style-type: none"> <li>• Grade K-2</li> <li>• Grade 3-5</li> <li>• Grade 6-8</li> <li>• High school</li> </ul> <p>To find out more about this wonderful program <a href="#">click here</a></p>
<ul style="list-style-type: none"> <li>• <i>The Science Behind Theology of the Body</i></li> <li>• <i>Divine Order or Demonic Chaos?</i></li> <li>• <i>God, Sex &amp; The Meaning of Life</i></li> <li>• <i>Is True Love For Everyone?</i></li> <li>• <i>The Masculine Genius and The Feminine Genius</i></li> </ul>	<h2 style="text-align: center;">Theology of the Body Conference 2019:</h2> <ul style="list-style-type: none"> <li>• Kevin Muico, Christopher West, and Sr. Helena Burns – to hear these speakers <a href="#">click here</a></li> <li>• Christopher West (God, Sex, and the Meaning of Life) – to hear this talk <a href="#">click here</a></li> <li>• Vicki Thorn &amp; Fr. Thomas Loya – to hear these speakers <a href="#">click here</a></li> <li>• Friday talk – <a href="#">click here</a></li> </ul>



## Recommended Reading

### ***Not Ready for Marriage, Not Ready for Sex: One Couple's Return to Chastity***

By Chris Padgett & Linda Padgett

When Chris Padgett met Linda Dodge for the first time at the end of high school, sparks flew. Or maybe that was just the glare from Chris's mustard-yellow polyester vintage suit, a typical item in his shock-and-awe wardrobe. Linda was impressed if puzzled, but the beautiful cheerleader and Chris, winner of the senior class's Most Unique Personality award, were soon a couple. Even sooner, the two young Christians found themselves involved in a passionate sexual relationship. Certain they should stop but just as certain they couldn't, the relationship began to unravel. When they found the courage, in college, to choose chastity, they discovered a renewed friendship, affection and the self-discipline that would serve as a firm foundation for marriage.

Wondering if you have the resolve to choose sexual purity? Wondering why you should choose it? Read the Padgetts' story for some straight talk about sex and the truth that will set you free.

### **What a good idea!**



## Donate Catholic Books to Catholic School Libraries

### ***Saint Magnus: The Last Viking***

By Susan Peek

Come back in time 900 years, to the fierce and desolate Northern lands, where Norsemen ruled with ax and sword. A dying king, a shocking death-wish, his heirs divided with an oath of blood . . . . In this fast-paced new novel by the highly popular Susan Peek, the conflict unfolds between Magnus Erlendson, a heroic young prince aflame with the love of God, and his outlawed cousin Hakon, who blames Magnus for his banishment from their kingdom. What follows is a tale of betrayal and revenge, bravery and forgiveness, as Magnus seeks to restore his father's vanquished kingdom to its rightful hands. Entertaining and inspiring from start to finish, a must-read for all those who thrill to learn the life of a saint we never knew existed!

**St. Clare Church, 1118  
St. Clair Av. West, Toronto.  
(one block E. of Dufferin).  
Initial Presentation 2nd  
Tuesday of each Month  
starting at 8pm in Padre  
Pio's Room, basement**



**Natural Family  
Planning Association**

room in the Church.

**St. Mary of the People Church** 570 Marion Ave.,  
Oshawa - Initial  
presentation: 2nd Tuesday,  
each month at 8pm

*Natural Family Planning is not only a valuable tool for married couples, but all women can use it to monitor their health.*

## The Marriage Preparation Program

### Overview

Our goal is to educate engaged couples about the scientific aspects of natural family planning; to provide information on a wide range of family planning issues, including the health and fertility risks of contraceptive technology; to examine the positive dynamics for relationship with the use of natural family planning.

### Options for Marriage Preparation Course

- Parishes close to an Billings Ovulation Method™ Clinic are invited to send their engaged couples to the regular clinic night as one of the evenings in their marriage preparation course. Even when the clinic night falls on a different weekday evening from the parish course night, couples do not seem to have any difficulty in making the adjustment provided they are alerted to this at the beginning of the course.

The advantage of this system is that those couples who are interested can receive instruction in charting so that they can begin to learn the method without any further delays. Other couples who may wish to consider this option at a later date will know where to go for further instructions. Feedback from the parish courses indicate that the couples enjoy the change of venue and some feel that natural family planning acquires greater credibility in a clinic environment.

- In some circumstances, the Natural Family Planning Association is able to supply couples to give a presentation on the Ovulation Method and speak of their reasons for choosing natural family planning for their marriage.

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For more information contact Natural Family Planning Association at [toronto.naturalfamilyplanning.ca](http://toronto.naturalfamilyplanning.ca)

The teachers of the Natural Family Planning Association provide this valuable education at no charge, as described in our mission statement:

*The mission of the Natural Family Planning Association is to teach the Billings Ovulation Method of family planning while promoting an understanding and appreciation of fertility that reflects Catholic teachings as outlined in Humanae Vitae. We serve the entire community regardless of religious background: single women, married and engaged couples, adolescents as well as those who provide teaching and counseling to them.*

Visit our website for news, and resources for:

- Teachers
- Parents
- Teens
- Articles
- Books
- Websites
- And more

## God, Sex and the Meaning of Life Ministry

Our Ministry is approved by The Archdiocese of Toronto and has presented over thirty Workshops on Saint Pope John Paul II's Theology of the Body in Parishes in the Toronto Archdiocese. As well, in the fall of 2009, we organized and held a Theology of the Body Conference in Toronto. This conference was attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance. We have held over twenty Theology of the Body for Teens workshops and have been invited into four high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

Please keep GSML Ministry in your prayers

**Contact information:** [gsmlministry@gmail.com](mailto:gsmlministry@gmail.com)

[www.godsexandthemeaningoflife.com/](http://www.godsexandthemeaningoflife.com/)

God, Sex and the Meaning of Life Ministry has Toronto Archdiocesan approval

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