

About GSML Ministry

God, Sex and the Meaning of Life Ministry, (GSML Ministry) was formed in 2006. Our ministry has presented over thirty Workshops on the Theology of the Body in many Parishes in the Toronto and Hamilton Archdioceses. As well, in the fall of 2009, we organized a Conference attended by over 1000 people. At the same time, we facilitated a Luncheon meeting on this same topic for Priests and Seminarians with over 120 in attendance.

We have held over eight Theology of the Body for Teens workshops and have been invited into many high schools to provide a session on the Theology of the Body in the Classroom. We have also held workshops for Parents.

God, Sex and the Meaning of Life Ministry is approved by The Archdiocese of Toronto.



Toronto's Cardinal Thomas Collins stated "... people [need] to study the teachings of John Paul II in the Theology of the Body... it's very important to popularize that, where the intense writings of the Holy Father are made more accessible to everybody." ~ from The Interim

God, Sex and the Meaning of
Life Ministry

www.godsexandthemeaningoflife.com

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Theology of the Body For Grades 7 & 8



*"The world offers you comfort,
but you were not made for
comfort; you were made for
greatness." ~ Pope Benedict XVI*

GOD, SEX AND THE MEANING OF LIFE
MINISTRY

Theology of the Body

Discovering God's Plan for Love and Life

Theology of the Body for grade 7 & 8 answers the questions students may have about sexual morality, relationships, and how they were uniquely created for greatness. This program uses a dynamic mix of stories, real-life examples, activities, prayers, and relevant references to the culture, all packed into eight life-changing lessons.

Chapters:

1. Who Am I? Discovering My True Identity
2. Our Story: God's Plan, Human Sin, Jesus' Love
3. Me, Myself, and I: Body and Soul
4. How Should I act?
5. Sex, Love, Chastity
6. To Use or Not to Use? That is the Question: The Opposite of Love
7. Vocation: God's Call, My Response
8. Hope & Future: Daily Living Out the Language of the Body

Comments:

"To effectively form young people in chastity, we follow the lead of John Paul II and begin with our first parents' original experience, humanity's dilemma after sin, and the good news of our redemption in Christ. *The Theology of the Body for Teens: Middle School Edition* {Grades 7 & 8}, is much more than an abstinence education program; it also surpasses a traditional chastity program. It seeks to be an identity and evangelization program. The key to healthy sexuality is a relationship with Jesus Christ because He is the key in knowing oneself. As the Second Vatican Council puts it, Christ came to reveal man to himself (see *Gaudium et Spes*, no. 22). By inviting middle schoolers into a deeper relationship with Him, we invite them into a healthy sense of self—and thus to a truly integrated sexuality." - from *The Leader's Introduction to ToB for Teens: Middle School*

"When God, in the beginning, created man, he made him subject to his own free choice...Before man are life and death, whichever he chooses shall be given to him."

- Sirach 15:14, 17

Theology of the Body

- Who am I?
- Are there consequences to my actions?
- What is the difference between love and lust?
- How do I balance family, friends, school, God, music, TV, Internet, texting, etc., in my daily life?
- How can I discern my vocation to marriage, priesthood, or religious life?
- How do I deal with bullying, gossip, peer pressure, pornography, divorce, etc?
- Can I live my Catholic faith no matter how I messed up in the past?

