

- All Workshops led by trained Facilitators
- Facilitator-led small group discussions
- Books and other Resources available for purchase
- Use of DVD and other Resources
- Workshops can be adjusted for various times constraints
- Offered at nominal charge for the materials



Toronto's Cardinal, Thomas Collins, stated, "... people [need] to study the teachings of John Paul II in the Theology of the Body.... it's very important to popularize that, where the intense writings of the Holy Father are made more accessible to everybody." ~ from *The Interim*



God, Sex and the Meaning of Life Ministry

www.godsexandthemeaningoflife.com

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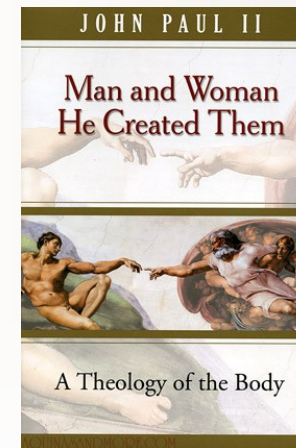
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Sign up for our bi-monthly *Theology of the Body* Newsletter

God, Sex, and the Meaning of Life Ministry



Our goal is to spread John Paul II's
Theology of the Body as widely as possible.



We offer Workshops for adults and teens, Study Groups, Parents' Seminars and resources to Parishes and Groups within the Toronto and Greater Toronto area. For more information about our group, please visit our webpage at:

www.godsexandthemeaningoflife.com

GOD, SEX AND THE MEANING OF LIFE WORKSHOP:

This workshop, for married couples, singles and celibates, male and female, young and old, is based on Christopher West's DVD talks in which he unpacks John Paul II's teachings, translating them into language everyone can understand. It explores the connection between sex and the questions of human existence.

THEOLOGY OF THE BODY FOR TEENS:

This program takes the two hottest topics on the planet—God and sex—and “marries” them through Pope John Paul II's compelling vision for love and life. This workshop for teens and young adults is a positive portrayal of our sexuality as a good and essential part of love and life. During 12 weekly sessions, which include activities appropriate to the age group, participants discover the beauty and purpose of their sexuality, and why it is such a major part of their ability to love. Consider one of these:

- For your Youth Group
- A Team presenting in your classroom for 12 weeks
- Various other venues

PRESENTATION SKILLS AND BASIC THEOLOGY OF THE BODY:

This workshop will assist participants in organizing and facilitating workshops, making effective use of the microphone and PowerPoint presentations, as well as in running group discussions. Participants will also have an opportunity to train at our Workshops or Theology of the Body for Teens.

PARISH RETREAT / WORKSHOP:

An all day retreat suited for all ministries and staff in a parish to enable those in the ministries to integrate THE Theology of the Body **in** their ministries and daily activities.

THEOLOGY OF THE BODY IN THE CLASSROOM:

Our ministry was delighted to be invited to participate in Respect For Life Week by the Toronto Catholic District School Board. We provide a brief introduction to the Theology of the Body for Teens—suitable for one classroom period. The session can be expanded to cover more of the topic.

GUIDING YOUR CHILD THROUGH THE SEXUAL MINEFIELD — FROM TODDLERS TO TEENS:

Do your kids tune you out? Regardless of the age of our children, as parents, we have the daily duty to be involved in molding their morality and ethics in a Catholic manner. It is no longer enough to leave the task to the schools. We must counteract the false messages about love that are rampant in our culture. This presentation will provide parents with tools to help them mold the morals and sexuality of children from toddlers to teens. Choose between:

- Full Day (four talks and discussion)
- Two hour introduction with discussion

THEOLOGY OF THE BODY AND CONFIRMATION:

Our workshop on Confirmation combines the teachings of Pope John Paul II on the “language of the body” in his Theology of The Body, with the Catholic Church's teachings on confirmation. The goal of the workshop for those approaching confirmation is to reinforce the teaching on the Gifts of The Holy Spirit and the good that comes from them, and how we act them out in the language of our bodies to live a life of chastity.

- Easily adjusted to time constraints

STUDY GROUP ON THE THEOLOGY OF THE BODY:

- Monday mornings from 9:30-11:30

Meets at St. Bernadette's Parish Hall, 21 Bayly Ave. E., Ajax

For more information, or to arrange a workshop in your Parish or School,

or if you would like to volunteer or receive our Newsletter, please contact us at: gsmlministry@gmail.com